# 2012-2013

# Physical Education Courses

# For up-to-date Bright Futures and State University System course eligibility information, go to:

# [www.floridastudentfinancialaid.org/SSFAD/bf/acadrequire.htm](http://www.floridastudentfinancialaid.org/ssfad/bf/acadrequire.htm)

# For up-to-date NCAA Clearinghouse course eligibility information, go to:

[**https://web1.ncaa.org/eligibilitycenter/student/index\_student.html**](https://web1.ncaa.org/eligibilitycenter/student/index_student.html)

The first seven digits of any course number listed below are determined by the Florida Department of Education. The 8th digit of any course number listed below is issued only by BCPS to meet the scheduling needs of our district.

# Course Title: Personal Fitness (Required) (R)

# Course Number: 15013000

# Credit: .50

# Grade Level: 9-12

Major Concepts/Content

Personal Fitness provides students with opportunities to develop an individual optimal level of physical fitness, acquire knowledge of physical fitness concepts, and acquire knowledge of the significance of lifestyle on one’s health and fitness. The content includes knowledge of the importance of physical fitness, assessment of the health related components of fitness, health problems associated with inadequate fitness levels, application of biomechanical and physiological principles to improve and maintain fitness, safety practices and psychological values of fitness including stress management, and sound nutritional practices and consumer issues related to physical fitness.

PREREQUISITE: None

Special Note: This course required for graduation when paired with another physical education course if this option is chosen. Also, if this option is chosen, the student must also take Life Management Skills.

**General Course Information:**

|  |  |  |  |
| --- | --- | --- | --- |
|  | YES | NO | Other |
| Graduation Requirement | X |  | PE |
| Bright Futures (BF) |  | | |
| Florida Academic Scholar (FAS) |  | X |  |
| Florida Medallion Scholar (FMS) |  | X |  |
| Florida Gold Seal Vocational (FGSV) | X |  | 4yr 24 credit option ONLY \*\* |
| State University System (SUS) |  | X |  |
| National Collegiate Athletic Association (NCAA) |  | X |  |
| BCPS “Core” Course |  | X |  |
| Course Level  1=below grade level,  2= at grade level,  3= above grade level |  |  | 2 |
| Industry Credential Eligible |  | X |  |
| Weighted Quality Points |  | | |
| State Honors (1 quality point) |  | X |  |
| BCPS Local Honors ONLY (1 quality point) |  | X |  |
| Pre IB (1 quality point) |  | X |  |
| Pre AICE (1 quality point) |  | X |  |
| AP (Advanced Placement) (2 quality points) \* |  | X |  |
| IB (International Baccalaureate) (2 quality points) |  | X |  |
| AICE (Advanced International Certificate of Education)  (2 quality points) |  | X |  |
| Technical Dual Enrollment (2 quality points) |  | X |  |

\* Must take AP exam; otherwise only 1 quality point.

\*\* For the 3-year, 18 credit option, requirements may differ. See your guidance counselor for more information.

# Course Title: Health Opportunities through Physical Education (HOPE) - CORE

# Course Number: 3026010

# Credit: 1.0

# Grade Level: 9-12

Major Concepts/Content

The purpose of this course is to develop and enhance healthy behaviors that influence lifestyle choices and student health and fitness.  Students will realize the full benefit of this course when it is taught with an integrated approach.  In addition to the physical education content represented in the benchmarks below, specific health education topics within this course include, but are not limited to:  
  
Mental/Social Health  
Physical Activity  
Components of Physical Fitness  
Nutrition and Wellness Planning  
Diseases and Disorders  
Health Advocacy  
First Aid/CPR  
Alcohol, Tobacco, and Drug Prevention  
Human Sexuality including Abstinence and HIV   PREREQUISITE: None

Special Note: This course required for graduation if this HOPE option is chosen. Any student whose parents make a written request to the school principal shall be exempt from the HIV/AIDS and human sexuality instructional activities.

**General Course Information:**

|  |  |  |  |
| --- | --- | --- | --- |
|  | YES | NO | Other |
| Graduation Requirement | X |  | PE |
| Bright Futures (BF) |  | | |
| Florida Academic Scholar (FAS) |  | X |  |
| Florida Medallion Scholar (FMS) |  | X |  |
| Florida Gold Seal Vocational (FGSV) \*\* | X |  | 4yr 24 credit option ONLY \*\* |
| State University System (SUS) |  | X |  |
| National Collegiate Athletic Association (NCAA) |  | X |  |
| BCPS “Core” Course |  | X |  |
| Course Level  1=below grade level,  2= at grade level,  3= above grade level |  |  | 2 |
| Industry Credential Eligible |  | X |  |
| Weighted Quality Points |  | | |
| State Honors (1 quality point) |  | X |  |
| BCPS Local Honors ONLY (1 quality point) |  | X |  |
| Pre IB (1 quality point) |  | X |  |
| Pre AICE (1 quality point) |  | X |  |
| AP (Advanced Placement) (2 quality points) \* |  | X |  |
| IB (International Baccalaureate) (2 quality points) |  | X |  |
| AICE (Advanced International Certificate of Education)  (2 quality points) |  | X |  |
| Technical Dual Enrollment (2 quality points) |  | X |  |

\* Must take AP exam; otherwise only 1 quality point.

\*\* For the 3-year, 18 credit option, requirements may differ. See your guidance counselor for more information.

# Course Title: HOPE -Physical Education Variation

# Course Number: 15063200

# Credit: 1.0

# Grade Level: 9-12

Major Concepts/Content

The purpose of this course is to develop and enhance healthy behaviors that influence lifestyle choices and student health and fitness.  Students will combine the learning of principles and background information in a classroom setting with physical application of the knowledge.  A majority of class time should be spent in physical activity.  In addition to the physical education content represented in the benchmarks below, specific health education topics within this course should include, but are not limited to:  
  
Mental/Social Health  
Physical Activity  
Components of Physical Fitness  
Nutrition and Wellness Planning  
Diseases and Disorders  
Health Advocacy   PREREQUISITE: None

Special Note: This course required for graduation if this HOPE option is chosen. Any student whose parents make a written request to the school principal shall be exempt from the HIV/AIDS and human sexuality instructional activities. There is a Broward District requirement that if this course is chosen, the student must also complete Life Management Skills for graduation.

**General Course Information:**

|  |  |  |  |
| --- | --- | --- | --- |
|  | YES | NO | Other |
| Graduation Requirement | X |  | PE |
| Bright Futures (BF) |  | | |
| Florida Academic Scholar (FAS) |  | X |  |
| Florida Medallion Scholar (FMS) |  | X |  |
| Florida Gold Seal Vocational (FGSV) \*\* | X |  | 4yr 24 credit option ONLY \*\* |
| State University System (SUS) |  | X |  |
| National Collegiate Athletic Association (NCAA) |  | X |  |
| BCPS “Core” Course |  | X |  |
| Course Level  1=below grade level,  2= at grade level,  3= above grade level |  |  | 2 |
| Industry Credential Eligible |  | X |  |
| Weighted Quality Points |  | | |
| State Honors (1 quality point) |  | X |  |
| BCPS Local Honors ONLY (1 quality point) |  | X |  |
| Pre IB (1 quality point) |  | X |  |
| Pre AICE (1 quality point) |  | X |  |
| AP (Advanced Placement) (2 quality points) \* |  | X |  |
| IB (International Baccalaureate) (2 quality points) |  | X |  |
| AICE (Advanced International Certificate of Education)  (2 quality points) |  | X |  |
| Technical Dual Enrollment (2 quality points) |  | X |  |

\* Must take AP exam; otherwise only 1 quality point.

\*\* For the 3-year, 18 credit option, requirements may differ. See your guidance counselor for more information.

# Course Title: AICE Physical Education

# Course Number: 3026020

# Credit: 1.0

# Grade Level: 9-12

# Will meet graduation requirement for Personal Fitness (0.5) and for physical education (0.5)

# For complete AICE-approved syllabus for this course:

# <http://www.cie.org.uk/qualifications/academic/uppersec/alevel/subject?assdef> id=795

Major Concepts/Content

This course provided students with an opportunity to study both the practical and theoretical aspects of Physical Education. Students learn about anatomy and physiology, movement skills and contemporary studies in sport. They are also encouraged to try out a range of physical activities, including team and individual sports, games, and outdoor activities; students then use the theoretical knowledge they have gained to analyze the different factors influencing performance. The course also encourages students to understand and explain global trends in Physical Education and Sport. Special Note. The Advanced International Certificate of Education (AICE) is an international pre-university curriculum and examination system administered by the University of Cambridge International Examinations (CIE). The AICE courses include assessments and an internationally scored end-of-course assessment.

*To be used at Ft. Lauderdale High School only.*

**General Course Information:**

|  |  |  |  |
| --- | --- | --- | --- |
|  | YES | NO | Other |
| Graduation Requirement | X |  | PE |
| Bright Futures (BF) |  | | |
| Florida Academic Scholar (FAS) |  | X |  |
| Florida Medallion Scholar (FMS) |  | X |  |
| Florida Gold Seal Vocational (FGSV) \*\* | X |  |  |
| State University System (SUS) | X |  |  |
| National Collegiate Athletic Association (NCAA) |  | X |  |
| BCPS “Core” Course |  | X |  |
| Course Level  1=below grade level,  2= at grade level,  3= above grade level |  |  | 3 |
| Industry Credential Eligible |  | X |  |
| Weighted Quality Points |  | | |
| State Honors (1 quality point) |  | X |  |
| BCPS Local Honors ONLY (1 quality point) |  | X |  |
| Pre IB (1 quality point) |  | X |  |
| Pre AICE (1 quality point) |  | X |  |
| AP (Advanced Placement) (2 quality points) \* |  | X |  |
| IB (International Baccalaureate) (2 quality points) |  | X |  |
| AICE (Advanced International Certificate of Education)  (2 quality points) | X |  |  |
| Technical Dual Enrollment (2 quality points) |  | X |  |

\* Must take AP exam; otherwise only 1 quality point.

# Course Title: Fitness Lifestyle Design (R)

# Course Number: 15013100

# Credit: .50

# Grade Level: 9-12

Major Concepts/Content

Fitness Lifestyle Design provides students with opportunities to extend the acquisition of knowledge of physical concepts included in “Personal Fitness,” acquire knowledge of designing, implementing, and evaluating a personal fitness program, and develop an individual optimal level of physical fitness.

PREREQUISITE: “Personal Fitness”

**General Course Information:**

|  |  |  |  |
| --- | --- | --- | --- |
|  | YES | NO | Other |
| Graduation Requirement | X |  | PE ELECTIVE |
| Bright Futures (BF) |  | | |
| Florida Academic Scholar (FAS) |  | X |  |
| Florida Medallion Scholar (FMS) |  | X |  |
| Florida Gold Seal Vocational (FGSV) | X |  | 4yr 24 credit option ONLY \*\* |
| State University System (SUS) |  | X |  |
| National Collegiate Athletic Association (NCAA) |  | X |  |
| BCPS “Core” Course |  | X |  |
| Course Level  1=below grade level,  2= at grade level,  3= above grade level |  |  | 2 |
| Industry Credential Eligible |  | X |  |
| Weighted Quality Points |  | | |
| State Honors (1 quality point) |  | X |  |
| BCPS Local Honors ONLY (1 quality point) |  | X |  |
| Pre IB (1 quality point) |  | X |  |
| Pre AICE (1 quality point) |  | X |  |
| AP (Advanced Placement) (2 quality points) \* |  | X |  |
| IB (International Baccalaureate) (2 quality points) |  | X |  |
| AICE (Advanced International Certificate of Education)  (2 quality points) |  | X |  |
| Technical Dual Enrollment (2 quality points) |  | X |  |

\* Must take AP exam; otherwise only 1 quality point.

\*\* For the 3-year, 18 credit option, requirements may differ. See your guidance counselor for more information.

# Course Title: Fitness Issues for Adolescents (R)

# Course Number: 15013200

# Credit: .50

# Grade Level: 9-12

Major Concepts/Content

Fitness Issues for Adolescents extends the knowledge of health-related fitness concepts. helps the student acquire knowledge about selected adolescent issues related to fitness and personal appearance and helps the student improve health-related fitness.

PREREQUISITE: “Personal Fitness”

**General Course Information:**

|  |  |  |  |
| --- | --- | --- | --- |
|  | YES | NO | Other |
| Graduation Requirement | X |  | PE ELECTIVE |
| Bright Futures (BF) |  | | |
| Florida Academic Scholar (FAS) |  | X |  |
| Florida Medallion Scholar (FMS) |  | X |  |
| Florida Gold Seal Vocational (FGSV) | X |  | 4yr 24 credit option ONLY \*\* |
| State University System (SUS) |  | X |  |
| National Collegiate Athletic Association (NCAA) |  | X |  |
| BCPS “Core” Course |  | X |  |
| Course Level  1=below grade level,  2= at grade level,  3= above grade level |  |  | 2 |
| Industry Credential Eligible |  | X |  |
| Weighted Quality Points |  | | |
| State Honors (1 quality point) |  | X |  |
| BCPS Local Honors ONLY (1 quality point) |  | X |  |
| Pre IB (1 quality point) |  | X |  |
| Pre AICE (1 quality point) |  | X |  |
| AP (Advanced Placement) (2 quality points) \* |  | X |  |
| IB (International Baccalaureate) (2 quality points) |  | X |  |
| AICE (Advanced International Certificate of Education)  (2 quality points) |  | X |  |
| Technical Dual Enrollment (2 quality points) |  | X |  |

\* Must take AP exam; otherwise only 1 quality point.

\*\* For the 3-year, 18 credit option, requirements may differ. See your guidance counselor for more information.

# Course Title: Aerobics 1 (R)

# Course Number: 15034000

# Credit: .50

# Grade Level: 9-12

Major Concepts/Content

Beginning aerobics provides students with opportunities to develop an individual optimal level of cardiovascular fitness, acquire knowledge of cardiovascular fitness concepts, and acquire knowledge of the significance of cardiovascular fitness on one’s health.

PREREQUISITE: None

**General Course Information:**

|  |  |  |  |
| --- | --- | --- | --- |
|  | YES | NO | Other |
| Graduation Requirement | X |  | PE ELECTIVE |
| Bright Futures (BF) |  | | |
| Florida Academic Scholar (FAS) |  | X |  |
| Florida Medallion Scholar (FMS) |  | X |  |
| Florida Gold Seal Vocational (FGSV) | X |  | 4yr 24 credit option ONLY \*\* |
| State University System (SUS) |  | X |  |
| National Collegiate Athletic Association (NCAA) |  | X |  |
| BCPS “Core” Course |  | X |  |
| Course Level  1=below grade level,  2= at grade level,  3= above grade level |  |  | 2 |
| Industry Credential Eligible |  | X |  |
| Weighted Quality Points |  | | |
| State Honors (1 quality point) |  | X |  |
| BCPS Local Honors ONLY (1 quality point) |  | X |  |
| Pre IB (1 quality point) |  | X |  |
| Pre AICE (1 quality point) |  | X |  |
| AP (Advanced Placement) (2 quality points) \* |  | X |  |
| IB (International Baccalaureate) (2 quality points) |  | X |  |
| AICE (Advanced International Certificate of Education)  (2 quality points) |  | X |  |
| Technical Dual Enrollment (2 quality points) |  | X |  |

\* Must take AP exam; otherwise only 1 quality point.

\*\* For the 3-year, 18 credit option, requirements may differ. See your guidance counselor for more information.

# Course Title: Aerobics 2 (R)

# Course Number: 15034100

# Credit: .50

# Grade Level: 9-12

Major Concepts/Content

The purpose of this course is to: (a) extend the knowledge of aerobic activities and (b) further develop an individual level of health-related fitness.

PREREQUISITE: Beginning Aerobics or Instructor’s Permission

**General Course Information:**

|  |  |  |  |
| --- | --- | --- | --- |
|  | YES | NO | Other |
| Graduation Requirement | X |  | PE ELECTIVE |
| Bright Futures (BF) |  | | |
| Florida Academic Scholar (FAS) |  | X |  |
| Florida Medallion Scholar (FMS) |  | X |  |
| Florida Gold Seal Vocational (FGSV) | X |  | 4yr 24 credit option ONLY \*\* |
| State University System (SUS) |  | X |  |
| National Collegiate Athletic Association (NCAA) |  | X |  |
| BCPS “Core” Course |  | X |  |
| Course Level  1=below grade level,  2= at grade level,  3= above grade level |  |  | 2 |
| Industry Credential Eligible |  | X |  |
| Weighted Quality Points |  | | |
| State Honors (1 quality point) |  | X |  |
| BCPS Local Honors ONLY (1 quality point) |  | X |  |
| Pre IB (1 quality point) |  | X |  |
| Pre AICE (1 quality point) |  | X |  |
| AP (Advanced Placement) (2 quality points) \* |  | X |  |
| IB (International Baccalaureate) (2 quality points) |  | X |  |
| AICE (Advanced International Certificate of Education)  (2 quality points) |  | X |  |
| Technical Dual Enrollment (2 quality points) |  | X |  |

\* Must take AP exam; otherwise only 1 quality point.

\*\* For the 3-year, 18 credit option, requirements may differ. See your guidance counselor for more information.

# Course Title: Aerobics 3 (R)

# Course Number: 15034200

# Credit: .50

# Grade Level: 9-12

Major Concepts/Content

The purpose of this course is to provide students with opportunities to further extend the acquistion of knowledge and the development of skills in aerobic activities that may be used in physical fitness pursuits today as well as in later life, and continue to develop an optimal level of cardiovascular fitness.

PREREQUISITE: Intermediate Aerobics or Instructor’s Permission

**General Course Information:**

|  |  |  |  |
| --- | --- | --- | --- |
|  | YES | NO | Other |
| Graduation Requirement | X |  | PE ELECTIVE |
| Bright Futures (BF) |  | | |
| Florida Academic Scholar (FAS) |  | X |  |
| Florida Medallion Scholar (FMS) |  | X |  |
| Florida Gold Seal Vocational (FGSV) | X |  | 4yr 24 credit option ONLY \*\* |
| State University System (SUS) | X |  | ELECTIVE |
| National Collegiate Athletic Association (NCAA) |  | X |  |
| BCPS “Core” Course |  | X |  |
| Course Level  1=below grade level,  2= at grade level,  3= above grade level |  |  | 3 |
| Industry Credential Eligible |  | X |  |
| Weighted Quality Points |  | | |
| State Honors (1 quality point) |  | X |  |
| BCPS Local Honors ONLY (1 quality point) |  | X |  |
| Pre IB (1 quality point) |  | X |  |
| Pre AICE (1 quality point) |  | X |  |
| AP (Advanced Placement) (2 quality points) \* |  | X |  |
| IB (International Baccalaureate) (2 quality points) |  | X |  |
| AICE (Advanced International Certificate of Education)  (2 quality points) |  | X |  |
| Technical Dual Enrollment (2 quality points) |  | X |  |

\* Must take AP exam; otherwise only 1 quality point.

\*\* For the 3-year, 18 credit option, requirements may differ. See your guidance counselor for more information.

Course Title: Weight Training 1 (R)

**Course Number: 15013400**

**Credit: .50**

**Grade Level: 9-12**

# Major Concepts/Content

Beginning Weight Training provides students with opportunities to acquire basic knowledge and skills in weight training that may be used in physical pursuits today as well as in later life, improve muscular strength and endurance, and enhance body image.

PREREQUISITE: None

**General Course Information:**

|  |  |  |  |
| --- | --- | --- | --- |
|  | YES | NO | Other |
| Graduation Requirement | X |  | PE ELECTIVE |
| Bright Futures (BF) |  | | |
| Florida Academic Scholar (FAS) |  | X |  |
| Florida Medallion Scholar (FMS) |  | X |  |
| Florida Gold Seal Vocational (FGSV) | X |  | 4yr 24 credit option ONLY \*\* |
| State University System (SUS) |  | X |  |
| National Collegiate Athletic Association (NCAA) |  | X |  |
| BCPS “Core” Course |  | X |  |
| Course Level  1=below grade level,  2= at grade level,  3= above grade level |  |  | 2 |
| Industry Credential Eligible |  | X |  |
| Weighted Quality Points |  | | |
| State Honors (1 quality point) |  | X |  |
| BCPS Local Honors ONLY (1 quality point) |  | X |  |
| Pre IB (1 quality point) |  | X |  |
| Pre AICE (1 quality point) |  | X |  |
| AP (Advanced Placement) (2 quality points) \* |  | X |  |
| IB (International Baccalaureate) (2 quality points) |  | X |  |
| AICE (Advanced International Certificate of Education)  (2 quality points) |  | X |  |
| Technical Dual Enrollment (2 quality points) |  | X |  |

\* Must take AP exam; otherwise only 1 quality point.

\*\* For the 3-year, 18 credit option, requirements may differ. See your guidance counselor for more information.

# Course Title: Weight Training 2 (R)

# Course Number: 15013500

# Credit: .50

# Grade Level: 9-12

Major Concepts/Content

Intermediate Weight Training provides students with opportunities to extend the acquisition of knowledge and the development of skills in weight training that may be used in physical fitness pursuits today as well as in later life, further improve strength and endurance, and further enhance body image.

PREREQUISITE: Beginning Weight Training or Instructor’s Permission

**General Course Information:**

|  |  |  |  |
| --- | --- | --- | --- |
|  | YES | NO | Other |
| Graduation Requirement | X |  | PE ELECTIVE |
| Bright Futures (BF) |  | | |
| Florida Academic Scholar (FAS) |  | X |  |
| Florida Medallion Scholar (FMS) |  | X |  |
| Florida Gold Seal Vocational (FGSV) | X |  | 4yr 24 credit option ONLY \*\* |
| State University System (SUS) |  | X |  |
| National Collegiate Athletic Association (NCAA) |  | X |  |
| BCPS “Core” Course |  | X |  |
| Course Level  1=below grade level,  2= at grade level,  3= above grade level |  |  | 2 |
| Industry Credential Eligible |  | X |  |
| Weighted Quality Points |  | | |
| State Honors (1 quality point) |  | X |  |
| BCPS Local Honors ONLY (1 quality point) |  | X |  |
| Pre IB (1 quality point) |  | X |  |
| Pre AICE (1 quality point) |  | X |  |
| AP (Advanced Placement) (2 quality points) \* |  | X |  |
| IB (International Baccalaureate) (2 quality points) |  | X |  |
| AICE (Advanced International Certificate of Education)  (2 quality points) |  | X |  |
| Technical Dual Enrollment (2 quality points) |  | X |  |

\* Must take AP exam; otherwise only 1 quality point.

\*\* For the 3-year, 18 credit option, requirements may differ. See your guidance counselor for more information.

# Course Title: Weight Training 3 (R)

# Course Number: 15013600

# Credit: .50

# Grade Level: 9-12

Major Concepts/Content

Advanced Weight Training provides students with opportunities to further extend the acquisition of knowledge and the development of skills in weight training that may be used in physical pursuits today as well as in later life, further improve muscular strength and endurance, and further enhance body image.

PREREQUISITE: Intermediate Weight Training or Instructor’s Permission

**General Course Information:**

|  |  |  |  |
| --- | --- | --- | --- |
|  | YES | NO | Other |
| Graduation Requirement | X |  | PE ELECTIVE |
| Bright Futures (BF) |  | | |
| Florida Academic Scholar (FAS) |  | X |  |
| Florida Medallion Scholar (FMS) |  | X |  |
| Florida Gold Seal Vocational (FGSV) | X |  | 4yr 24 credit option ONLY \*\* |
| State University System (SUS) | X |  | ELECTIVE |
| National Collegiate Athletic Association (NCAA) |  | X |  |
| BCPS “Core” Course |  | X |  |
| Course Level  1=below grade level,  2= at grade level,  3= above grade level |  |  | 3 |
| Industry Credential Eligible |  | X |  |
| Weighted Quality Points |  | | |
| State Honors (1 quality point) |  | X |  |
| BCPS Local Honors ONLY (1 quality point) |  | X |  |
| Pre IB (1 quality point) |  | X |  |
| Pre AICE (1 quality point) |  | X |  |
| AP (Advanced Placement) (2 quality points) \* |  | X |  |
| IB (International Baccalaureate) (2 quality points) |  | X |  |
| AICE (Advanced International Certificate of Education)  (2 quality points) |  | X |  |
| Technical Dual Enrollment (2 quality points) |  | X |  |

\* Must take AP exam; otherwise only 1 quality point.

\*\* For the 3-year, 18 credit option, requirements may differ. See your guidance counselor for more information.

# Course Title: Power Weight Training 1 (R)

# Course Number: 15014100

# Credit: .50

# Grade Level: 9-12

Major Concepts/Content

The purpose of this course is to acquire knowledge and skills in power weight training (Olympic and power lifting), and improve or maintain health related fitness.

PREREQUISITE: Beginning, Intermediate, & Advanced Weight Training or Instructor’s Permission

**General Course Information:**

|  |  |  |  |
| --- | --- | --- | --- |
|  | YES | NO | Other |
| Graduation Requirement | X |  | PE ELECTIVE |
| Bright Futures (BF) |  | | |
| Florida Academic Scholar (FAS) |  | X |  |
| Florida Medallion Scholar (FMS) |  | X |  |
| Florida Gold Seal Vocational (FGSV) | X |  | 4yr 24 credit option ONLY \*\* |
| State University System (SUS) |  | X |  |
| National Collegiate Athletic Association (NCAA) |  | X |  |
| BCPS “Core” Course |  | X |  |
| Course Level  1=below grade level,  2= at grade level,  3= above grade level |  |  | 2 |
| Industry Credential Eligible |  | X |  |
| Weighted Quality Points |  | | |
| State Honors (1 quality point) |  | X |  |
| BCPS Local Honors ONLY (1 quality point) |  | X |  |
| Pre IB (1 quality point) |  | X |  |
| Pre AICE (1 quality point) |  | X |  |
| AP (Advanced Placement) (2 quality points) \* |  | X |  |
| IB (International Baccalaureate) (2 quality points) |  | X |  |
| AICE (Advanced International Certificate of Education)  (2 quality points) |  | X |  |
| Technical Dual Enrollment (2 quality points) |  | X |  |

\* Must take AP exam; otherwise only 1 quality point.

\*\* For the 3-year, 18 credit option, requirements may differ. See your guidance counselor for more information.

# Course Title: Gymnastics 1 (R)

# Course Number: 15023000

# Credit: .50

# Grade Level: 9-12

# Major Concepts/Content

Beginning Gymnastics provides students with opportunities to acquire basic knowledge and skills in gymnastics and maintain and/or improve their personal fitness. The content includes in depth knowledge and application of basic skills, techniques, dance elements, rules and safety practices necessary to participate in gymnastics culminating in routines choreographed by students and teachers.

PREREQUISITE: None

**General Course Information:**

|  |  |  |  |
| --- | --- | --- | --- |
|  | YES | NO | Other |
| Graduation Requirement | X |  | PE ELECTIVE |
| Bright Futures (BF) |  | | |
| Florida Academic Scholar (FAS) |  | X |  |
| Florida Medallion Scholar (FMS) |  | X |  |
| Florida Gold Seal Vocational (FGSV) | X |  | 4yr 24 credit option ONLY \*\* |
| State University System (SUS) |  | X |  |
| National Collegiate Athletic Association (NCAA) |  | X |  |
| BCPS “Core” Course |  | X |  |
| Course Level  1=below grade level,  2= at grade level,  3= above grade level |  |  | 2 |
| Industry Credential Eligible |  | X |  |
| Weighted Quality Points |  | | |
| State Honors (1 quality point) |  | X |  |
| BCPS Local Honors ONLY (1 quality point) |  | X |  |
| Pre IB (1 quality point) |  | X |  |
| Pre AICE (1 quality point) |  | X |  |
| AP (Advanced Placement) (2 quality points) \* |  | X |  |
| IB (International Baccalaureate) (2 quality points) |  | X |  |
| AICE (Advanced International Certificate of Education)  (2 quality points) |  | X |  |
| Technical Dual Enrollment (2 quality points) |  | X |  |

\* Must take AP exam; otherwise only 1 quality point.

\*\* For the 3-year, 18 credit option, requirements may differ. See your guidance counselor for more information.

# Course Title: Gymnastics 2 (R)

# Course Number: 15023100

# Credit: .50

# Grade Level: 9-12

**Major Concepts/Content**

Intermediate Gymnastics provides students with opportunities to further develop knowledge and apply skills, techniques, and dance elements culminating in compulsory routines and optional routines choreographed by students.

PREREQUISITE: Beginning Gymnastics or Instructor’s Permission

**General Course Information:**

|  |  |  |  |
| --- | --- | --- | --- |
|  | YES | NO | Other |
| Graduation Requirement | X |  | PE ELECTIVE |
| Bright Futures (BF) |  | | |
| Florida Academic Scholar (FAS) |  | X |  |
| Florida Medallion Scholar (FMS) |  | X |  |
| Florida Gold Seal Vocational (FGSV) | X |  | 4yr 24 credit option ONLY \*\* |
| State University System (SUS) |  | X |  |
| National Collegiate Athletic Association (NCAA) |  | X |  |
| BCPS “Core” Course |  | X |  |
| Course Level  1=below grade level,  2= at grade level,  3= above grade level |  |  | 2 |
| Industry Credential Eligible |  | X |  |
| Weighted Quality Points |  | | |
| State Honors (1 quality point) |  | X |  |
| BCPS Local Honors ONLY (1 quality point) |  | X |  |
| Pre IB (1 quality point) |  | X |  |
| Pre AICE (1 quality point) |  | X |  |
| AP (Advanced Placement) (2 quality points) \* |  | X |  |
| IB (International Baccalaureate) (2 quality points) |  | X |  |
| AICE (Advanced International Certificate of Education)  (2 quality points) |  | X |  |
| Technical Dual Enrollment (2 quality points) |  | X |  |

\* Must take AP exam; otherwise only 1 quality point.

\*\* For the 3-year, 18 credit option, requirements may differ. See your guidance counselor for more information.

# Course Title: Gymnastics 3 (R)

# Course Number: 15023200

# Credit: .50

# Grade Level: 9-12

Major Concepts/Content

Advanced Gymnastics provides students with opportunities to further extend the acquisition of knowledge and the development of skills in gymnastics and maintain and/or improve their personal fitness. Acquisition of optional routines choreographed by students on both the floor and apparatus will be stressed.

PREREQUISITE: Intermediate Gymnastics or Instructor’s Permission

**General Course Information:**

|  |  |  |  |
| --- | --- | --- | --- |
|  | YES | NO | Other |
| Graduation Requirement | X |  | PE ELECTIVE |
| Bright Futures (BF) |  | | |
| Florida Academic Scholar (FAS) |  | X |  |
| Florida Medallion Scholar (FMS) |  | X |  |
| Florida Gold Seal Vocational (FGSV) | X |  | 4yr 24 credit option ONLY \*\* |
| State University System (SUS) | X |  | ELECTIVE |
| National Collegiate Athletic Association (NCAA) |  | X |  |
| BCPS “Core” Course |  | X |  |
| Course Level  1=below grade level,  2= at grade level,  3= above grade level |  |  | 3 |
| Industry Credential Eligible |  | X |  |
| Weighted Quality Points |  | | |
| State Honors (1 quality point) |  | X |  |
| BCPS Local Honors ONLY (1 quality point) |  | X |  |
| Pre IB (1 quality point) |  | X |  |
| Pre AICE (1 quality point) |  | X |  |
| AP (Advanced Placement) (2 quality points) \* |  | X |  |
| IB (International Baccalaureate) (2 quality points) |  | X |  |
| AICE (Advanced International Certificate of Education)  (2 quality points) |  | X |  |
| Technical Dual Enrollment (2 quality points) |  | X |  |

\* Must take AP exam; otherwise only 1 quality point.

\*\* For the 3-year, 18 credit option, requirements may differ. See your guidance counselor for more information.

**Course Title: Swimming 1 (R)**

**Course Number: 15044600**

**Credit: .50**

**Grade Level: 9-12**

Major Concepts/Content

Beginning Swimming provides students with opportunities to acquire knowledge and skills in basic swimming strokes and safety practices that may be used in recreational pursuits today as well as in later life and maintain their personal fitness. The content includes knowledge and application of body position, buoyancy, relaxation, breath control, and coordination related to the basic swimming strokes and safety practices and basic survival skills.

PREREQUISITE: None

**General Course Information:**

|  |  |  |  |
| --- | --- | --- | --- |
|  | YES | NO | Other |
| Graduation Requirement | X |  | PE ELECTIVE |
| Bright Futures (BF) |  | | |
| Florida Academic Scholar (FAS) |  | X |  |
| Florida Medallion Scholar (FMS) |  | X |  |
| Florida Gold Seal Vocational (FGSV) | X |  | 4yr 24 credit option ONLY \*\* |
| State University System (SUS) |  | X |  |
| National Collegiate Athletic Association (NCAA) |  | X |  |
| BCPS “Core” Course |  | X |  |
| Course Level  1=below grade level,  2= at grade level,  3= above grade level |  |  | 2 |
| Industry Credential Eligible |  | X |  |
| Weighted Quality Points |  | | |
| State Honors (1 quality point) |  | X |  |
| BCPS Local Honors ONLY (1 quality point) |  | X |  |
| Pre IB (1 quality point) |  | X |  |
| Pre AICE (1 quality point) |  | X |  |
| AP (Advanced Placement) (2 quality points) \* |  | X |  |
| IB (International Baccalaureate) (2 quality points) |  | X |  |
| AICE (Advanced International Certificate of Education)  (2 quality points) |  | X |  |
| Technical Dual Enrollment (2 quality points) |  | X |  |

\* Must take AP exam; otherwise only 1 quality point.

\*\* For the 3-year, 18 credit option, requirements may differ. See your guidance counselor for more information.

# Course Title: Swimming 2 (R)

# Course Number: 15044700

# Credit: .50

# Grade Level: 9-12

Major Concepts/Content

The purpose of this course is to: (a) extend the knowledge and the development of swimming skills and (b) maintain and/or improve health-related fitness.

PREREQUISITE: Beginning Swimming or Instructor’s Permission

**General Course Information:**

|  |  |  |  |
| --- | --- | --- | --- |
|  | YES | NO | Other |
| Graduation Requirement | X |  | PE ELECTIVE |
| Bright Futures (BF) |  | | |
| Florida Academic Scholar (FAS) |  | X |  |
| Florida Medallion Scholar (FMS) |  | X |  |
| Florida Gold Seal Vocational (FGSV) | X |  | 4yr 24 credit option ONLY \*\* |
| State University System (SUS) |  | X |  |
| National Collegiate Athletic Association (NCAA) |  | X |  |
| BCPS “Core” Course |  | X |  |
| Course Level  1=below grade level,  2= at grade level,  3= above grade level |  |  | 2 |
| Industry Credential Eligible |  | X |  |
| Weighted Quality Points |  | | |
| State Honors (1 quality point) |  | X |  |
| BCPS Local Honors ONLY (1 quality point) |  | X |  |
| Pre IB (1 quality point) |  | X |  |
| Pre AICE (1 quality point) |  | X |  |
| AP (Advanced Placement) (2 quality points) \* |  | X |  |
| IB (International Baccalaureate) (2 quality points) |  | X |  |
| AICE (Advanced International Certificate of Education)  (2 quality points) |  | X |  |
| Technical Dual Enrollment (2 quality points) |  | X |  |

\* Must take AP exam; otherwise only 1 quality point.

\*\* For the 3-year, 18 credit option, requirements may differ. See your guidance counselor for more information.

# Course Title: Water Safety (R)

# Course Number: 15044900

# Credit: .50

# Grade Level: 9-12

# Major Concepts/Content

Water Safety provides students with opportunities to acquire knowledge and skills in water safety activities that may be used today as well as in later life and maintain and/or improve their personal fitness. The content includes knowledge and application of personal water safety skills; swimming, non-swimming, and equipment rescues; artificial respiration; boating safety and rescue; swimming skills for basic rescues; mask, fin, and snorkel techniques; survival swimming; locating submerged victims; defense and release methods; use of a backboard; shallow water carries and assists; and the responsibilities of a lifeguard.

PREREQUISITE: Beginning Swimming or Instructor’s Permission

**General Course Information:**

|  |  |  |  |
| --- | --- | --- | --- |
|  | YES | NO | Other |
| Graduation Requirement | X |  | PE ELECTIVE |
| Bright Futures (BF) |  | | |
| Florida Academic Scholar (FAS) |  | X |  |
| Florida Medallion Scholar (FMS) |  | X |  |
| Florida Gold Seal Vocational (FGSV) | X |  | 4yr 24 credit option ONLY \*\* |
| State University System (SUS) | X |  | ELECTIVE |
| National Collegiate Athletic Association (NCAA) |  | X |  |
| BCPS “Core” Course |  | X |  |
| Course Level  1=below grade level,  2= at grade level,  3= above grade level |  |  | 3 |
| Industry Credential Eligible |  | X |  |
| Weighted Quality Points |  | | |
| State Honors (1 quality point) |  | X |  |
| BCPS Local Honors ONLY (1 quality point) |  | X |  |
| Pre IB (1 quality point) |  | X |  |
| Pre AICE (1 quality point) |  | X |  |
| AP (Advanced Placement) (2 quality points) \* |  | X |  |
| IB (International Baccalaureate) (2 quality points) |  | X |  |
| AICE (Advanced International Certificate of Education)  (2 quality points) |  | X |  |
| Technical Dual Enrollment (2 quality points) |  | X |  |

\* Must take AP exam; otherwise only 1 quality point.

\*\* For the 3-year, 18 credit option, requirements may differ. See your guidance counselor for more information.

# Course Title: Tennis 1 (R)

# Course Number: 15045000

# Credit: .50

# Grade Level: 9-12

# Major Concepts/Content

Beginning Tennis provides students with opportunities in acquiring knowledge and skills in tennis that may be used in recreational pursuits today as well as in later life and maintain and/or improve their personal fitness. The content includes in-depth knowledge and application of the fundamentals of each of the basic strokes, techniques, rules, etiquette, and safety practices necessary to participate in tennis.

PREREQUISITE: None

**General Course Information:**

|  |  |  |  |
| --- | --- | --- | --- |
|  | YES | NO | Other |
| Graduation Requirement | X |  | PE ELECTIVE |
| Bright Futures (BF) |  | | |
| Florida Academic Scholar (FAS) |  | X |  |
| Florida Medallion Scholar (FMS) |  | X |  |
| Florida Gold Seal Vocational (FGSV) | X |  | 4yr 24 credit option ONLY \*\* |
| State University System (SUS) |  | X |  |
| National Collegiate Athletic Association (NCAA) |  | X |  |
| BCPS “Core” Course |  | X |  |
| Course Level  1=below grade level,  2= at grade level,  3= above grade level |  |  | 2 |
| Industry Credential Eligible |  | X |  |
| Weighted Quality Points |  | | |
| State Honors (1 quality point) |  | X |  |
| BCPS Local Honors ONLY (1 quality point) |  | X |  |
| Pre IB (1 quality point) |  | X |  |
| Pre AICE (1 quality point) |  | X |  |
| AP (Advanced Placement) (2 quality points) \* |  | X |  |
| IB (International Baccalaureate) (2 quality points) |  | X |  |
| AICE (Advanced International Certificate of Education)  (2 quality points) |  | X |  |
| Technical Dual Enrollment (2 quality points) |  | X |  |

\* Must take AP exam; otherwise only 1 quality point.

\*\* For the 3-year, 18 credit option, requirements may differ. See your guidance counselor for more information.

# Course Title: Tennis 2 (R)

# Course Number: 15045100

# Credit: .50

# Grade Level: 9-12

Major Concepts/Content

The purpose of this course is to: (a) extend the knowledge and development of tennis skills and (b) maintain and/or improve health-related fitness.

PREREQUISITE: Beginning Tennis or Instructor’s Permission

**General Course Information:**

|  |  |  |  |
| --- | --- | --- | --- |
|  | YES | NO | Other |
| Graduation Requirement | X |  | PE ELECTIVE |
| Bright Futures (BF) |  | | |
| Florida Academic Scholar (FAS) |  | X |  |
| Florida Medallion Scholar (FMS) |  | X |  |
| Florida Gold Seal Vocational (FGSV) | X |  | 4yr 24 credit option ONLY \*\* |
| State University System (SUS) |  | X |  |
| National Collegiate Athletic Association (NCAA) |  | X |  |
| BCPS “Core” Course |  | X |  |
| Course Level  1=below grade level,  2= at grade level,  3= above grade level |  |  | 2 |
| Industry Credential Eligible |  | X |  |
| Weighted Quality Points |  | | |
| State Honors (1 quality point) |  | X |  |
| BCPS Local Honors ONLY (1 quality point) |  | X |  |
| Pre IB (1 quality point) |  | X |  |
| Pre AICE (1 quality point) |  | X |  |
| AP (Advanced Placement) (2 quality points) \* |  | X |  |
| IB (International Baccalaureate) (2 quality points) |  | X |  |
| AICE (Advanced International Certificate of Education)  (2 quality points) |  | X |  |
| Technical Dual Enrollment (2 quality points) |  | X |  |

\* Must take AP exam; otherwise only 1 quality point.

\*\* For the 3-year, 18 credit option, requirements may differ. See your guidance counselor for more information.

# Course Title: Tennis 3 (R)

# Course Number: 15045200

# Credit: .50

# Grade Level: 9-12

Major Concepts/Content

Advanced Tennis provides students with opportunities to further extend the acquisition of knowledge and the development of skills in tennis that may be used in recreational pursuits today as well as in later life and maintain and/or improve their personal fitness.

PREREQUISITE: Intermediate Tennis or Instructor’s Permission

**General Course Information:**

|  |  |  |  |
| --- | --- | --- | --- |
|  | YES | NO | Other |
| Graduation Requirement | X |  | PE ELECTIVE |
| Bright Futures (BF) |  | | |
| Florida Academic Scholar (FAS) |  | X |  |
| Florida Medallion Scholar (FMS) |  | X |  |
| Florida Gold Seal Vocational (FGSV) | X |  | 4yr 24 credit option ONLY \*\* |
| State University System (SUS) | X |  | ELECTIVE |
| National Collegiate Athletic Association (NCAA) |  | X |  |
| BCPS “Core” Course |  | X |  |
| Course Level  1=below grade level,  2= at grade level,  3= above grade level |  |  | 3 |
| Industry Credential Eligible |  | X |  |
| Weighted Quality Points |  | | |
| State Honors (1 quality point) |  | X |  |
| BCPS Local Honors ONLY (1 quality point) |  | X |  |
| Pre IB (1 quality point) |  | X |  |
| Pre AICE (1 quality point) |  | X |  |
| AP (Advanced Placement) (2 quality points) \* |  | X |  |
| IB (International Baccalaureate) (2 quality points) |  | X |  |
| AICE (Advanced International Certificate of Education)  (2 quality points) |  | X |  |
| Technical Dual Enrollment (2 quality points) |  | X |  |

\* Must take AP exam; otherwise only 1 quality point.

\*\* For the 3-year, 18 credit option, requirements may differ. See your guidance counselor for more information.

# Course Title: Comprehensive Fitness (R)

# Course Number: 15013900

# Credit: .50

# Grade Level: 9-12

Major Concepts/Content

The purpose of this course is to provide students with advanced opportunities to further extend the acquisition of knowledge and the development of skills in weight training and aerobic activities that may be used in physical pursuits today as well as in later life, further improve muscular strength and endurance, further enhance body image, and continue to develop an optimal level of cardiovascular endurance. The content includes reinforcement of advanced weight training and aerobic knowledge, safety practices and knowledge to design, implement, and evaluate a personal weight training program and a personal aerobic program that will meet specific needs and goals.

PREREQUISITE: Advanced Weight Training or Advanced Aerobics

**General Course Information:**

|  |  |  |  |
| --- | --- | --- | --- |
|  | YES | NO | Other |
| Graduation Requirement | X |  |  |
| Bright Futures (BF) |  | | |
| Florida Academic Scholar (FAS) |  | X |  |
| Florida Medallion Scholar (FMS) |  | X |  |
| Florida Gold Seal Vocational (FGSV) | X |  | 4yr 24 credit option ONLY \*\* |
| State University System (SUS) |  | X |  |
| National Collegiate Athletic Association (NCAA) |  | X |  |
| BCPS “Core” Course |  | X |  |
| Course Level  1=below grade level,  2= at grade level,  3= above grade level |  |  | 2 |
| Industry Credential Eligible |  | X |  |
| Weighted Quality Points |  | | |
| State Honors (1 quality point) |  | X |  |
| BCPS Local Honors ONLY (1 quality point) |  | X |  |
| Pre IB (1 quality point) |  | X |  |
| Pre AICE (1 quality point) |  | X |  |
| AP (Advanced Placement) (2 quality points) \* |  | X |  |
| IB (International Baccalaureate) (2 quality points) |  | X |  |
| AICE (Advanced International Certificate of Education)  (2 quality points) |  | X |  |
| Technical Dual Enrollment (2 quality points) |  | X |  |

\* Must take AP exam; otherwise only 1 quality point.

\*\* For the 3-year, 18 credit option, requirements may differ. See your guidance counselor for more information.

# Course Title: Golf 1 (R)

# Course Number: 15044000

# Credit: .50

# Grade Level: 9-12

Major Concepts/Content

Beginning Golf provides students with opportunities to acquire knowledge and skills in golf that may be used in recreational pursuits today as well as in later life and maintain and/or improve their personal fitness. The content includes in-depth knowledge and application of the use of the putter, short and long irons, and woods. Techniques, rules, etiquette, and safety practices necessary to participate in golf are included.

PREREQUISITE: None

**General Course Information:**

|  |  |  |  |
| --- | --- | --- | --- |
|  | YES | NO | Other |
| Graduation Requirement | X |  | PE ELECTIVE |
| Bright Futures (BF) |  | | |
| Florida Academic Scholar (FAS) |  | X |  |
| Florida Medallion Scholar (FMS) |  | X |  |
| Florida Gold Seal Vocational (FGSV) | X |  | 4yr 24 credit option ONLY \*\* |
| State University System (SUS) |  | X |  |
| National Collegiate Athletic Association (NCAA) |  | X |  |
| BCPS “Core” Course |  | X |  |
| Course Level  1=below grade level,  2= at grade level,  3= above grade level |  |  | 2 |
| Industry Credential Eligible |  | X |  |
| Weighted Quality Points |  | | |
| State Honors (1 quality point) |  | X |  |
| BCPS Local Honors ONLY (1 quality point) |  | X |  |
| Pre IB (1 quality point) |  | X |  |
| Pre AICE (1 quality point) |  | X |  |
| AP (Advanced Placement) (2 quality points) \* |  | X |  |
| IB (International Baccalaureate) (2 quality points) |  | X |  |
| AICE (Advanced International Certificate of Education)  (2 quality points) |  | X |  |
| Technical Dual Enrollment (2 quality points) |  | X |  |

\* Must take AP exam; otherwise only 1 quality point.

\*\* For the 3-year, 18 credit option, requirements may differ. See your guidance counselor for more information.

# Course Title: Golf 2 (R)

# Course Number: 15044100

# Credit: .50

# Grade Level: 9-12

Major Concepts/Content

The purpose of this course is to: (a) extend the knowledge and development of golf skills and (b) maintain and/or improve personal fitness.

PREREQUISITE: Beginning Golf or Instructor’s Permission

**General Course Information:**

|  |  |  |  |
| --- | --- | --- | --- |
|  | YES | NO | Other |
| Graduation Requirement | X |  | PE ELECTIVE |
| Bright Futures (BF) |  | | |
| Florida Academic Scholar (FAS) |  | X |  |
| Florida Medallion Scholar (FMS) |  | X |  |
| Florida Gold Seal Vocational (FGSV) | X |  | 4yr 24 credit option ONLY \*\* |
| State University System (SUS) |  | X |  |
| National Collegiate Athletic Association (NCAA) |  | X |  |
| BCPS “Core” Course |  | X |  |
| Course Level  1=below grade level,  2= at grade level,  3= above grade level |  |  | 2 |
| Industry Credential Eligible |  | X |  |
| Weighted Quality Points |  | | |
| State Honors (1 quality point) |  | X |  |
| BCPS Local Honors ONLY (1 quality point) |  | X |  |
| Pre IB (1 quality point) |  | X |  |
| Pre AICE (1 quality point) |  | X |  |
| AP (Advanced Placement) (2 quality points) \* |  | X |  |
| IB (International Baccalaureate) (2 quality points) |  | X |  |
| AICE (Advanced International Certificate of Education)  (2 quality points) |  | X |  |
| Technical Dual Enrollment (2 quality points) |  | X |  |

\* Must take AP exam; otherwise only 1 quality point.

\*\* For the 3-year, 18 credit option, requirements may differ. See your guidance counselor for more information.

Course Title: Paddleball/Racquetball/Handball (R)

**Course Number: 15024000**

**Credit: .50**

**Grade Level: 9-12**

Major Concepts/Content

This course provides students with opportunities to acquire knowledge and skills in paddleball/ racquetball/handball that may be used in recreational pursuits today as well as in later life and maintain and/or improve their personal fitness. The content includes in-depth knowledge and application of skills, techniques, strategies of fundamental and dual rules, and safety practices necessary to participate in paddleball/ racquetball/handball and knowledge of the organization and administration of paddleball/racquetball/handball activities.

PREREQUISITE: None

**General Course Information:**

|  |  |  |  |
| --- | --- | --- | --- |
|  | YES | NO | Other |
| Graduation Requirement | X |  | PE ELECTIVE |
| Bright Futures (BF) |  | | |
| Florida Academic Scholar (FAS) |  | X |  |
| Florida Medallion Scholar (FMS) |  | X |  |
| Florida Gold Seal Vocational (FGSV) | X |  | 4yr 24 credit option ONLY \*\* |
| State University System (SUS) |  | X |  |
| National Collegiate Athletic Association (NCAA) |  | X |  |
| BCPS “Core” Course |  | X |  |
| Course Level  1=below grade level,  2= at grade level,  3= above grade level |  |  | 2 |
| Industry Credential Eligible |  | X |  |
| Weighted Quality Points |  | | |
| State Honors (1 quality point) |  | X |  |
| BCPS Local Honors ONLY (1 quality point) |  | X |  |
| Pre IB (1 quality point) |  | X |  |
| Pre AICE (1 quality point) |  | X |  |
| AP (Advanced Placement) (2 quality points) \* |  | X |  |
| IB (International Baccalaureate) (2 quality points) |  | X |  |
| AICE (Advanced International Certificate of Education)  (2 quality points) |  | X |  |
| Technical Dual Enrollment (2 quality points) |  | X |  |

\* Must take AP exam; otherwise only 1 quality point.

\*\* For the 3-year, 18 credit option, requirements may differ. See your guidance counselor for more information.

# Course Title: Individual and Dual Sports 1 (R)

# Course Number: 15024100

# Credit: .50

# Grade Level: 9-12

Major Concepts/Content

Individual and Dual Sports I provides students with opportunities to acquire knowledge of strategies and develop skills in selected individual and dual sports, and maintain and/or improve their personal fitness. The content includes knowledge and application skills, techniques, strategies, rules, and safety practices. Individual and dual sports selected may include but not be limited to archery, badminton, bowling, golf, gymnastics, handball, paddleball, racquetball, skating, swimming, table tennis, and tennis.

PREREQUISITE: None

**General Course Information:**

|  |  |  |  |
| --- | --- | --- | --- |
|  | YES | NO | Other |
| Graduation Requirement | X |  | PE ELECTIVE |
| Bright Futures (BF) |  | | |
| Florida Academic Scholar (FAS) |  | X |  |
| Florida Medallion Scholar (FMS) |  | X |  |
| Florida Gold Seal Vocational (FGSV) | X |  | 4yr 24 credit option ONLY \*\* |
| State University System (SUS) |  | X |  |
| National Collegiate Athletic Association (NCAA) |  | X |  |
| BCPS “Core” Course |  | X |  |
| Course Level  1=below grade level,  2= at grade level,  3= above grade level |  |  | 2 |
| Industry Credential Eligible |  | X |  |
| Weighted Quality Points |  | | |
| State Honors (1 quality point) |  | X |  |
| BCPS Local Honors ONLY (1 quality point) |  | X |  |
| Pre IB (1 quality point) |  | X |  |
| Pre AICE (1 quality point) |  | X |  |
| AP (Advanced Placement) (2 quality points) \* |  | X |  |
| IB (International Baccalaureate) (2 quality points) |  | X |  |
| AICE (Advanced International Certificate of Education)  (2 quality points) |  | X |  |
| Technical Dual Enrollment (2 quality points) |  | X |  |

\* Must take AP exam; otherwise only 1 quality point.

\*\* For the 3-year, 18 credit option, requirements may differ. See your guidance counselor for more information.

# Course Title: Individual and Dual Sports 2 (R)

# Course Number: 15024200

# Credit: .50

# Grade Level: 9-12

Major Concepts/Content

Individual and Dual Sports II provides students with opportunities to acquire knowledge of strategies and develop skills in selected individual and dual sports not addressed in Individual and Dual Sports I.

PREREQUISITE: None

**General Course Information:**

|  |  |  |  |
| --- | --- | --- | --- |
|  | YES | NO | Other |
| Graduation Requirement | X |  | PE ELECTIVE |
| Bright Futures (BF) |  | | |
| Florida Academic Scholar (FAS) |  | X |  |
| Florida Medallion Scholar (FMS) |  | X |  |
| Florida Gold Seal Vocational (FGSV) | X |  | 4yr 24 credit option ONLY \*\* |
| State University System (SUS) |  | X |  |
| National Collegiate Athletic Association (NCAA) |  | X |  |
| BCPS “Core” Course |  | X |  |
| Course Level  1=below grade level,  2= at grade level,  3= above grade level |  |  | 2 |
| Industry Credential Eligible |  | X |  |
| Weighted Quality Points |  | | |
| State Honors (1 quality point) |  | X |  |
| BCPS Local Honors ONLY (1 quality point) |  | X |  |
| Pre IB (1 quality point) |  | X |  |
| Pre AICE (1 quality point) |  | X |  |
| AP (Advanced Placement) (2 quality points) \* |  | X |  |
| IB (International Baccalaureate) (2 quality points) |  | X |  |
| AICE (Advanced International Certificate of Education)  (2 quality points) |  | X |  |
| Technical Dual Enrollment (2 quality points) |  | X |  |

\* Must take AP exam; otherwise only 1 quality point.

\*\* For the 3-year, 18 credit option, requirements may differ. See your guidance counselor for more information.

Course Title: Individual and Dual Sports 3 (R)

**Course Number: 15024300**

**Credit: .50**

**Grade Level: 9-12**

Major Concepts/Content

Individual and Dual Sports III is a survey course whose purpose is to: (a) acquire knowledge of individual and dual sports play, (b) develop basic skills in selected individual and dual sports, and (c) maintain and/or improve health-related fitness.

PREREQUISITE: None

**General Course Information:**

|  |  |  |  |
| --- | --- | --- | --- |
|  | YES | NO | Other |
| Graduation Requirement | X |  | PE ELECTIVE |
| Bright Futures (BF) |  | | |
| Florida Academic Scholar (FAS) |  | X |  |
| Florida Medallion Scholar (FMS) |  | X |  |
| Florida Gold Seal Vocational (FGSV) | X |  | 4yr 24 credit option ONLY \*\* |
| State University System (SUS) |  | X |  |
| National Collegiate Athletic Association (NCAA) |  | X |  |
| BCPS “Core” Course |  | X |  |
| Course Level  1=below grade level,  2= at grade level,  3= above grade level |  |  | 2 |
| Industry Credential Eligible |  | X |  |
| Weighted Quality Points |  | | |
| State Honors (1 quality point) |  | X |  |
| BCPS Local Honors ONLY (1 quality point) |  | X |  |
| Pre IB (1 quality point) |  | X |  |
| Pre AICE (1 quality point) |  | X |  |
| AP (Advanced Placement) (2 quality points) \* |  | X |  |
| IB (International Baccalaureate) (2 quality points) |  | X |  |
| AICE (Advanced International Certificate of Education)  (2 quality points) |  | X |  |
| Technical Dual Enrollment (2 quality points) |  | X |  |

\* Must take AP exam; otherwise only 1 quality point.

\*\* For the 3-year, 18 credit option, requirements may differ. See your guidance counselor for more information.

# Course Title: Wrestling 1 (R)

# Course Number: 15055500

# Credit: .50

# Grade Level: 9-12

Major Concepts/Content

Beginning Wrestling provides students with opportunities to acquire knowledge and skills in wrestling and maintain and/or improve their personal fitness. The content includes in depth knowledge and application of skills, techniques, strategies, rules, and safety practices necessary to participate in wrestling.

PREREQUISITE: None

**General Course Information:**

|  |  |  |  |
| --- | --- | --- | --- |
|  | YES | NO | Other |
| Graduation Requirement | X |  | PE ELECTIVE |
| Bright Futures (BF) |  | | |
| Florida Academic Scholar (FAS) |  | X |  |
| Florida Medallion Scholar (FMS) |  | X |  |
| Florida Gold Seal Vocational (FGSV) | X |  | 4yr 24 credit option ONLY \*\* |
| State University System (SUS) |  | X |  |
| National Collegiate Athletic Association (NCAA) |  | X |  |
| BCPS “Core” Course |  | X |  |
| Course Level  1=below grade level,  2= at grade level,  3= above grade level |  |  | 2 |
| Industry Credential Eligible |  | X |  |
| Weighted Quality Points |  | | |
| State Honors (1 quality point) |  | X |  |
| BCPS Local Honors ONLY (1 quality point) |  | X |  |
| Pre IB (1 quality point) |  | X |  |
| Pre AICE (1 quality point) |  | X |  |
| AP (Advanced Placement) (2 quality points) \* |  | X |  |
| IB (International Baccalaureate) (2 quality points) |  | X |  |
| AICE (Advanced International Certificate of Education)  (2 quality points) |  | X |  |
| Technical Dual Enrollment (2 quality points) |  | X |  |

\* Must take AP exam; otherwise only 1 quality point.

\*\* For the 3-year, 18 credit option, requirements may differ. See your guidance counselor for more information.

# Course Title: Wrestling 2 (R)

# Course Number: 15055600

# Credit: .50

# Grade Level: 9-12

Major Concepts/Content

The purpose of this course is to: (a) extend the knowledge and the development of skills in wrestling and (b) maintain and/or improve personal fitness.

PREREQUISITE: Beginning Wrestling or Instructor’s Permission

**General Course Information:**

|  |  |  |  |
| --- | --- | --- | --- |
|  | YES | NO | Other |
| Graduation Requirement | X |  | PE ELECTIVE |
| Bright Futures (BF) |  | | |
| Florida Academic Scholar (FAS) |  | X |  |
| Florida Medallion Scholar (FMS) |  | X |  |
| Florida Gold Seal Vocational (FGSV) | X |  | 4yr 24 credit option ONLY \*\* |
| State University System (SUS) |  | X |  |
| National Collegiate Athletic Association (NCAA) |  | X |  |
| BCPS “Core” Course |  | X |  |
| Course Level  1=below grade level,  2= at grade level,  3= above grade level |  |  | 2 |
| Industry Credential Eligible |  | X |  |
| Weighted Quality Points |  | | |
| State Honors (1 quality point) |  | X |  |
| BCPS Local Honors ONLY (1 quality point) |  | X |  |
| Pre IB (1 quality point) |  | X |  |
| Pre AICE (1 quality point) |  | X |  |
| AP (Advanced Placement) (2 quality points) \* |  | X |  |
| IB (International Baccalaureate) (2 quality points) |  | X |  |
| AICE (Advanced International Certificate of Education)  (2 quality points) |  | X |  |
| Technical Dual Enrollment (2 quality points) |  | X |  |

\* Must take AP exam; otherwise only 1 quality point.

\*\* For the 3-year, 18 credit option, requirements may differ. See your guidance counselor for more information.

# Course Title: Recreational Activities (R)

# Course Number: 15024700

# Credit: .50

# Grade Level: 9-12

Major Concepts/Content

Recreational Activities provides students with opportunities to acquire knowledge and skills in a variety of recreational activities that may be used in recreational pursuits today as well as in later life and maintain and/or improve their personal fitness. The content includes knowledge and application of skills, techniques, strategies, rules, and safety practices necessary to participate in selected recreational activities which may include, but not be limited to, skish, horse shoes, shuffleboard, gym, bowling, deck tennis, croquet, frisbee, and table tennis activities.

PREREQUISITE: None

**General Course Information:**

|  |  |  |  |
| --- | --- | --- | --- |
|  | YES | NO | Other |
| Graduation Requirement | X |  | PE ELECTIVE |
| Bright Futures (BF) |  | | |
| Florida Academic Scholar (FAS) |  | X |  |
| Florida Medallion Scholar (FMS) |  | X |  |
| Florida Gold Seal Vocational (FGSV) | X |  | 4yr 24 credit option ONLY \*\* |
| State University System (SUS) |  | X |  |
| National Collegiate Athletic Association (NCAA) |  | X |  |
| BCPS “Core” Course |  | X |  |
| Course Level  1=below grade level,  2= at grade level,  3= above grade level |  |  | 2 |
| Industry Credential Eligible |  | X |  |
| Weighted Quality Points |  | | |
| State Honors (1 quality point) |  | X |  |
| BCPS Local Honors ONLY (1 quality point) |  | X |  |
| Pre IB (1 quality point) |  | X |  |
| Pre AICE (1 quality point) |  | X |  |
| AP (Advanced Placement) (2 quality points) \* |  | X |  |
| IB (International Baccalaureate) (2 quality points) |  | X |  |
| AICE (Advanced International Certificate of Education)  (2 quality points) |  | X |  |
| Technical Dual Enrollment (2 quality points) |  | X |  |

\* Must take AP exam; otherwise only 1 quality point.

\*\* For the 3-year, 18 credit option, requirements may differ. See your guidance counselor for more information.

# Course Title: Outdoor Education (R)

# Course Number: 15024800

# Credit: .50

# Grade Level: 9-12

Major Concepts/Content

Outdoor Education provides students with opportunities to acquire knowledge and skills in a variety of outdoor education activities that may be used in recreational pursuits today as well as in later life and maintain and/or improve their personal fitness. The content includes knowledge and application of skills, techniques, rules, and safety practices necessary to participate in selected outdoor education activities. These may include, but not be limited to, camping, canoeing, small craft, hiking, backpacking, orienteering, hunting, firearm safety, angling, and cycling.

PREREQUISITE: None

**General Course Information:**

|  |  |  |  |
| --- | --- | --- | --- |
|  | YES | NO | Other |
| Graduation Requirement | X |  | PE ELECTIVE |
| Bright Futures (BF) |  | | |
| Florida Academic Scholar (FAS) |  | X |  |
| Florida Medallion Scholar (FMS) |  | X |  |
| Florida Gold Seal Vocational (FGSV) | X |  | 4yr 24 credit option ONLY \*\* |
| State University System (SUS) |  | X |  |
| National Collegiate Athletic Association (NCAA) |  | X |  |
| BCPS “Core” Course |  | X |  |
| Course Level  1=below grade level,  2= at grade level,  3= above grade level |  |  | 2 |
| Industry Credential Eligible |  | X |  |
| Weighted Quality Points |  | | |
| State Honors (1 quality point) |  | X |  |
| BCPS Local Honors ONLY (1 quality point) |  | X |  |
| Pre IB (1 quality point) |  | X |  |
| Pre AICE (1 quality point) |  | X |  |
| AP (Advanced Placement) (2 quality points) \* |  | X |  |
| IB (International Baccalaureate) (2 quality points) |  | X |  |
| AICE (Advanced International Certificate of Education)  (2 quality points) |  | X |  |
| Technical Dual Enrollment (2 quality points) |  | X |  |

\* Must take AP exam; otherwise only 1 quality point.

\*\* For the 3-year, 18 credit option, requirements may differ. See your guidance counselor for more information.

# Course Title: Care and Prevention of Athletic Injuries (R)

# Course Number: 15024900

# Credit: .50

# Grade Level: 9-12

Major Concepts/Content

Care and Prevention of Athletic Injuries provides students with opportunities to acquire knowledge and skills relating to the nature, prevention, care and rehabilitation of athletic injuries that may be used in recreational pursuits today as well as in later life. The content includes knowledge of injury prevention, identification, management, and rehabilitation, knowledge of anatomy and physiology as related to athletic injuries and knowledge of conditioning methods.

PREREQUISITE: None

**General Course Information:**

|  |  |  |  |
| --- | --- | --- | --- |
|  | YES | NO | Other |
| Graduation Requirement | X |  | PE ELECTIVE |
| Bright Futures (BF) |  | | |
| Florida Academic Scholar (FAS) |  | X |  |
| Florida Medallion Scholar (FMS) |  | X |  |
| Florida Gold Seal Vocational (FGSV) | X |  | 4yr 24 credit option ONLY \*\* |
| State University System (SUS) |  | X |  |
| National Collegiate Athletic Association (NCAA) |  | X |  |
| BCPS “Core” Course |  | X |  |
| Course Level  1=below grade level,  2= at grade level,  3= above grade level |  |  | 2 |
| Industry Credential Eligible |  | X |  |
| Weighted Quality Points |  | | |
| State Honors (1 quality point) |  | X |  |
| BCPS Local Honors ONLY (1 quality point) |  | X |  |
| Pre IB (1 quality point) |  | X |  |
| Pre AICE (1 quality point) |  | X |  |
| AP (Advanced Placement) (2 quality points) \* |  | X |  |
| IB (International Baccalaureate) (2 quality points) |  | X |  |
| AICE (Advanced International Certificate of Education)  (2 quality points) |  | X |  |
| Technical Dual Enrollment (2 quality points) |  | X |  |

\* Must take AP exam; otherwise only 1 quality point.

\*\* For the 3-year, 18 credit option, requirements may differ. See your guidance counselor for more information.

# Course Title: Track and Field (R)

# Course Number: 15033000

# Credit: .50

# Grade Level: 9-12

Major Concepts/Content

Track and Field provides students with opportunities to acquire knowledge and skills in a variety of track and field activities and maintain and/or improve their personal fitness. The content includes in-depth knowledge and application of skills, techniques, strategies, rules, and safety practices necessary to participate in track and field activities, and knowledge of the organization and administration of track and field activities.

PREREQUISITE: None

**General Course Information:**

|  |  |  |  |
| --- | --- | --- | --- |
|  | YES | NO | Other |
| Graduation Requirement | X |  | PE ELECTIVE |
| Bright Futures (BF) |  | | |
| Florida Academic Scholar (FAS) |  | X |  |
| Florida Medallion Scholar (FMS) |  | X |  |
| Florida Gold Seal Vocational (FGSV) | X |  | 4yr 24 credit option ONLY \*\* |
| State University System (SUS) |  | X |  |
| National Collegiate Athletic Association (NCAA) |  | X |  |
| BCPS “Core” Course |  | X |  |
| Course Level  1=below grade level,  2= at grade level,  3= above grade level |  |  | 2 |
| Industry Credential Eligible |  | X |  |
| Weighted Quality Points |  | | |
| State Honors (1 quality point) |  | X |  |
| BCPS Local Honors ONLY (1 quality point) |  | X |  |
| Pre IB (1 quality point) |  | X |  |
| Pre AICE (1 quality point) |  | X |  |
| AP (Advanced Placement) (2 quality points) \* |  | X |  |
| IB (International Baccalaureate) (2 quality points) |  | X |  |
| AICE (Advanced International Certificate of Education)  (2 quality points) |  | X |  |
| Technical Dual Enrollment (2 quality points) |  | X |  |

\* Must take AP exam; otherwise only 1 quality point.

\*\* For the 3-year, 18 credit option, requirements may differ. See your guidance counselor for more information.

# Course Title: Basketball (R)

# Course Number: 15033100

# Credit: .50

# Grade Level: 9-12

Major Concepts/Content

Basketball provides students with opportunities to acquire knowledge and skills in basketball that may be used in recreational pursuits today as well as in later life and maintain and/or maintain their personal fitness. The content includes in depth knowledge and application of skills, techniques, strategies of team play, rules, and safety practices necessary to participate in basketball, and knowledge of the organization and administration of basketball activities.

## PREREQUISITE: None

**General Course Information:**

|  |  |  |  |
| --- | --- | --- | --- |
|  | YES | NO | Other |
| Graduation Requirement | X |  | PE ELECTIVE |
| Bright Futures (BF) |  | | |
| Florida Academic Scholar (FAS) |  | X |  |
| Florida Medallion Scholar (FMS) |  | X |  |
| Florida Gold Seal Vocational (FGSV) | X |  | 4yr 24 credit option ONLY \*\* |
| State University System (SUS) |  | X |  |
| National Collegiate Athletic Association (NCAA) |  | X |  |
| BCPS “Core” Course |  | X |  |
| Course Level  1=below grade level,  2= at grade level,  3= above grade level |  |  | 2 |
| Industry Credential Eligible |  | X |  |
| Weighted Quality Points |  | | |
| State Honors (1 quality point) |  | X |  |
| BCPS Local Honors ONLY (1 quality point) |  | X |  |
| Pre IB (1 quality point) |  | X |  |
| Pre AICE (1 quality point) |  | X |  |
| AP (Advanced Placement) (2 quality points) \* |  | X |  |
| IB (International Baccalaureate) (2 quality points) |  | X |  |
| AICE (Advanced International Certificate of Education)  (2 quality points) |  | X |  |
| Technical Dual Enrollment (2 quality points) |  | X |  |

\* Must take AP exam; otherwise only 1 quality point.

\*\* For the 3-year, 18 credit option, requirements may differ. See your guidance counselor for more information.

# Course Title: Soccer (R)

# Course Number: 15033200

# Credit: .50

# Grade Level: 9-12

Major Concepts/Content

Soccer provides students with opportunities to acquire knowledge and skills soccer that may be used in recreational pursuits today as well as in later life and/or improve their personal fitness. The contents include in-depth knowledge and application of skills, techniques, strategies of team play, rules, and safety practices necessary to participate in soccer, and knowledge of the organization and administration of soccer activities.

PREREQUISITE: None

**General Course Information:**

|  |  |  |  |
| --- | --- | --- | --- |
|  | YES | NO | Other |
| Graduation Requirement | X |  | PE ELECTIVE |
| Bright Futures (BF) |  | | |
| Florida Academic Scholar (FAS) |  | X |  |
| Florida Medallion Scholar (FMS) |  | X |  |
| Florida Gold Seal Vocational (FGSV) | X |  | 4yr 24 credit option ONLY \*\* |
| State University System (SUS) |  | X |  |
| National Collegiate Athletic Association (NCAA) |  | X |  |
| BCPS “Core” Course |  | X |  |
| Course Level  1=below grade level,  2= at grade level,  3= above grade level |  |  | 2 |
| Industry Credential Eligible |  | X |  |
| Weighted Quality Points |  | | |
| State Honors (1 quality point) |  | X |  |
| BCPS Local Honors ONLY (1 quality point) |  | X |  |
| Pre IB (1 quality point) |  | X |  |
| Pre AICE (1 quality point) |  | X |  |
| AP (Advanced Placement) (2 quality points) \* |  | X |  |
| IB (International Baccalaureate) (2 quality points) |  | X |  |
| AICE (Advanced International Certificate of Education)  (2 quality points) |  | X |  |
| Technical Dual Enrollment (2 quality points) |  | X |  |

\* Must take AP exam; otherwise only 1 quality point.

\*\* For the 3-year, 18 credit option, requirements may differ. See your guidance counselor for more information.

# Course Title: Softball (R)

# Course Number: 15033300

# Credit: .50

# Grade Level: 9-12

Major Concepts/Content

Softball provides students with opportunities to acquire knowledge and skills in softball that may be used in recreational pursuits today as well as in later life and maintain and/or improve their personal fitness. The content includes in-depth knowledge and application of skills, techniques, strategies of team play, rules and safety practices necessary to participate in softball, and knowledge of the organization and administration of softball activities.

PREREQUISITE: None

**General Course Information:**

|  |  |  |  |
| --- | --- | --- | --- |
|  | YES | NO | Other |
| Graduation Requirement | X |  | PE ELECTIVE |
| Bright Futures (BF) |  | | |
| Florida Academic Scholar (FAS) |  | X |  |
| Florida Medallion Scholar (FMS) |  | X |  |
| Florida Gold Seal Vocational (FGSV) | X |  | 4yr 24 credit option ONLY \*\* |
| State University System (SUS) |  | X |  |
| National Collegiate Athletic Association (NCAA) |  | X |  |
| BCPS “Core” Course |  | X |  |
| Course Level  1=below grade level,  2= at grade level,  3= above grade level |  |  | 2 |
| Industry Credential Eligible |  | X |  |
| Weighted Quality Points |  | | |
| State Honors (1 quality point) |  | X |  |
| BCPS Local Honors ONLY (1 quality point) |  | X |  |
| Pre IB (1 quality point) |  | X |  |
| Pre AICE (1 quality point) |  | X |  |
| AP (Advanced Placement) (2 quality points) \* |  | X |  |
| IB (International Baccalaureate) (2 quality points) |  | X |  |
| AICE (Advanced International Certificate of Education)  (2 quality points) |  | X |  |
| Technical Dual Enrollment (2 quality points) |  | X |  |

\* Must take AP exam; otherwise only 1 quality point.

\*\* For the 3-year, 18 credit option, requirements may differ. See your guidance counselor for more information.

# Course Title: Team Sports 1 (R)

# Course Number: 15033500

# Credit: .50

# Grade Level: 9-12

Major Concepts/Content

Team Sports I provides students with opportunities to acquire knowledge of strategies of team sport play, develop skills in selected team sports, and maintain and/or improve their personal fitness. The content includes knowledge and application of skills, techniques, strategies, rules, and safety practices necessary to participate in selected team sports which my include, but not be limited to, basketball, flag football, flickerball, gatorball, soccer, softball, speedball, track and field, and volleyball.

PREREQUISITE: None

**General Course Information:**

|  |  |  |  |
| --- | --- | --- | --- |
|  | YES | NO | Other |
| Graduation Requirement | X |  | PE ELECTIVE |
| Bright Futures (BF) |  | | |
| Florida Academic Scholar (FAS) |  | X |  |
| Florida Medallion Scholar (FMS) |  | X |  |
| Florida Gold Seal Vocational (FGSV) | X |  | 4yr 24 credit option ONLY \*\* |
| State University System (SUS) |  | X |  |
| National Collegiate Athletic Association (NCAA) |  | X |  |
| BCPS “Core” Course |  | X |  |
| Course Level  1=below grade level,  2= at grade level,  3= above grade level |  |  | 2 |
| Industry Credential Eligible |  | X |  |
| Weighted Quality Points |  | | |
| State Honors (1 quality point) |  | X |  |
| BCPS Local Honors ONLY (1 quality point) |  | X |  |
| Pre IB (1 quality point) |  | X |  |
| Pre AICE (1 quality point) |  | X |  |
| AP (Advanced Placement) (2 quality points) \* |  | X |  |
| IB (International Baccalaureate) (2 quality points) |  | X |  |
| AICE (Advanced International Certificate of Education)  (2 quality points) |  | X |  |
| Technical Dual Enrollment (2 quality points) |  | X |  |

\* Must take AP exam; otherwise only 1 quality point.

\*\* For the 3-year, 18 credit option, requirements may differ. See your guidance counselor for more information.

# Course Title: Team Sports 2 (R)

# Course Number: 15033600

# Credit: .50

# Grade Level: 9-12

Major Concepts/Content

Team Sports II provides students with opportunities to acquire knowledge of strategies of team sport play, develop skills in selected team sports not addressed in Team Sports I and maintain and/or improve their personal fitness.

PREREQUISITE: None

**General Course Information:**

|  |  |  |  |
| --- | --- | --- | --- |
|  | YES | NO | Other |
| Graduation Requirement | X |  | PE ELECTIVE |
| Bright Futures (BF) |  | | |
| Florida Academic Scholar (FAS) |  | X |  |
| Florida Medallion Scholar (FMS) |  | X |  |
| Florida Gold Seal Vocational (FGSV) | X |  | 4yr 24 credit option ONLY \*\* |
| State University System (SUS) |  | X |  |
| National Collegiate Athletic Association (NCAA) |  | X |  |
| BCPS “Core” Course |  | X |  |
| Course Level  1=below grade level,  2= at grade level,  3= above grade level |  |  | 2 |
| Industry Credential Eligible |  | X |  |
| Weighted Quality Points |  | | |
| State Honors (1 quality point) |  | X |  |
| BCPS Local Honors ONLY (1 quality point) |  | X |  |
| Pre IB (1 quality point) |  | X |  |
| Pre AICE (1 quality point) |  | X |  |
| AP (Advanced Placement) (2 quality points) \* |  | X |  |
| IB (International Baccalaureate) (2 quality points) |  | X |  |
| AICE (Advanced International Certificate of Education)  (2 quality points) |  | X |  |
| Technical Dual Enrollment (2 quality points) |  | X |  |

\* Must take AP exam; otherwise only 1 quality point.

\*\* For the 3-year, 18 credit option, requirements may differ. See your guidance counselor for more information.

Course Title: Self Defense (R)

Course Number: 15024600

Credit: .50

Major Concepts/Content

Self Defense Activities provides students with opportunities to develop knowledge and skills in a variety of NON-COMBATITIVE self-defense activities and to maintain or improve health-related fitness.

PREREQUISITE: None

**General Course Information:**

|  |  |  |  |
| --- | --- | --- | --- |
|  | YES | NO | Other |
| Graduation Requirement | X |  | PE ELECTIVE |
| Bright Futures (BF) |  | | |
| Florida Academic Scholar (FAS) |  | X |  |
| Florida Medallion Scholar (FMS) |  | X |  |
| Florida Gold Seal Vocational (FGSV) | X |  | 4yr 24 credit option ONLY \*\* |
| State University System (SUS) |  | X |  |
| National Collegiate Athletic Association (NCAA) |  | X |  |
| BCPS “Core” Course |  | X |  |
| Course Level  1=below grade level,  2= at grade level,  3= above grade level |  |  | 2 |
| Industry Credential Eligible |  | X |  |
| Weighted Quality Points |  | | |
| State Honors (1 quality point) |  | X |  |
| BCPS Local Honors ONLY (1 quality point) |  | X |  |
| Pre IB (1 quality point) |  | X |  |
| Pre AICE (1 quality point) |  | X |  |
| AP (Advanced Placement) (2 quality points) \* |  | X |  |
| IB (International Baccalaureate) (2 quality points) |  | X |  |
| AICE (Advanced International Certificate of Education)  (2 quality points) |  | X |  |
| Technical Dual Enrollment (2 quality points) |  | X |  |

\* Must take AP exam; otherwise only 1 quality point.

\*\* For the 3-year, 18 credit option, requirements may differ. See your guidance counselor for more information.

# Course Title: Sports Officiating (R)

# Course Number: 15025000

# Credit: .50

# Grade Level: 9-12

Major Concepts/Content

The purpose of this course is to acquire knowledge of sports rules and regulations, develop skill in officiating selected sports, and maintain or improve health related fitness.

PREREQUISITE: Team Sports I & II or Instructor’s Permission

**General Course Information:**

|  |  |  |  |
| --- | --- | --- | --- |
|  | YES | NO | Other |
| Graduation Requirement | X |  | PE ELECTIVE |
| Bright Futures (BF) |  | | |
| Florida Academic Scholar (FAS) |  | X |  |
| Florida Medallion Scholar (FMS) |  | X |  |
| Florida Gold Seal Vocational (FGSV) | X |  | 4yr 24 credit option ONLY \*\* |
| State University System (SUS) |  | X |  |
| National Collegiate Athletic Association (NCAA) |  | X |  |
| BCPS “Core” Course |  | X |  |
| Course Level  1=below grade level,  2= at grade level,  3= above grade level |  |  | 2 |
| Industry Credential Eligible |  | X |  |
| Weighted Quality Points |  | | |
| State Honors (1 quality point) |  | X |  |
| BCPS Local Honors ONLY (1 quality point) |  | X |  |
| Pre IB (1 quality point) |  | X |  |
| Pre AICE (1 quality point) |  | X |  |
| AP (Advanced Placement) (2 quality points) \* |  | X |  |
| IB (International Baccalaureate) (2 quality points) |  | X |  |
| AICE (Advanced International Certificate of Education)  (2 quality points) |  | X |  |
| Technical Dual Enrollment (2 quality points) |  | X |  |

\* Must take AP exam; otherwise only 1 quality point.

\*\* For the 3-year, 18 credit option, requirements may differ. See your guidance counselor for more information.

# Course Title: Adaptive Physical Education I.E.P. or 504 Plan (R)

# Course Number: 15003000

# Credit: .50

# Grade Level: 9-12

Major Concepts/Content

Adaptive Physical Education I.E.P. meets student needs identified in the I.E.P. The content includes and is limited to the goals and objectives contained in the students’ I.E.P.

PREREQUISITE: None

**General Course Information:**

|  |  |  |  |
| --- | --- | --- | --- |
|  | YES | NO | Other |
| Graduation Requirement | X |  | PE |
| Bright Futures (BF) |  | | |
| Florida Academic Scholar (FAS) |  | X |  |
| Florida Medallion Scholar (FMS) |  | X |  |
| Florida Gold Seal Vocational (FGSV) | X |  | 4yr 24 credit option ONLY \*\* |
| State University System (SUS) |  | X |  |
| National Collegiate Athletic Association (NCAA) |  | X |  |
| BCPS “Core” Course |  | X |  |
| Course Level  1=below grade level,  2= at grade level,  3= above grade level |  |  | 1 |
| Industry Credential Eligible |  | X |  |
| Weighted Quality Points |  | | |
| State Honors (1 quality point) |  | X |  |
| BCPS Local Honors ONLY (1 quality point) |  | X |  |
| Pre IB (1 quality point) |  | X |  |
| Pre AICE (1 quality point) |  | X |  |
| AP (Advanced Placement) (2 quality points) \* |  | X |  |
| IB (International Baccalaureate) (2 quality points) |  | X |  |
| AICE (Advanced International Certificate of Education)  (2 quality points) |  | X |  |
| Technical Dual Enrollment (2 quality points) |  | X |  |

\* Must take AP exam; otherwise only 1 quality point.

\*\* For the 3-year, 18 credit option, requirements may differ. See your guidance counselor for more information.

# Course Title: Individual Sports for Disabled Students (R)

# Course Number: 15003100

# Credit: .50

# Grade Level: 9-12

Major Concepts/Content

Individual Sports for Disabled Students provides students with handicapping conditions with opportunities to acquire knowledge of sports appropriate to their level of disability, develop skills in a variety of individual sports, and maintain and/or improve their personal fitness. The content includes knowledge of consumer issues related to individual sports for disabled persons, the classification system applicable to the individual’s specific disability, and safety practices.

PREREQUISITE: None

**General Course Information:**

|  |  |  |  |
| --- | --- | --- | --- |
|  | YES | NO | Other |
| Graduation Requirement | X |  | PE ELECTIVE |
| Bright Futures (BF) |  | | |
| Florida Academic Scholar (FAS) |  | X |  |
| Florida Medallion Scholar (FMS) |  | X |  |
| Florida Gold Seal Vocational (FGSV) | X |  | 4yr 24 credit option ONLY \*\* |
| State University System (SUS) |  | X |  |
| National Collegiate Athletic Association (NCAA) |  | X |  |
| BCPS “Core” Course |  | X |  |
| Course Level  1=below grade level,  2= at grade level,  3= above grade level |  |  | 1 |
| Industry Credential Eligible |  | X |  |
| Weighted Quality Points |  | | |
| State Honors (1 quality point) |  | X |  |
| BCPS Local Honors ONLY (1 quality point) |  | X |  |
| Pre IB (1 quality point) |  | X |  |
| Pre AICE (1 quality point) |  | X |  |
| AP (Advanced Placement) (2 quality points) \* |  | X |  |
| IB (International Baccalaureate) (2 quality points) |  | X |  |
| AICE (Advanced International Certificate of Education)  (2 quality points) |  | X |  |
| Technical Dual Enrollment (2 quality points) |  | X |  |

\* Must take AP exam; otherwise only 1 quality point.

\*\* For the 3-year, 18 credit option, requirements may differ. See your guidance counselor for more information.

# Course Title: Team Sports for Disabled Students (R)

# Course Number: 15003200

# Credit: .50

# Grade Level: 9-12

Major Concepts/Content

Team Sports for Disabled Students provides students with handicapping conditions with opportunities to acquire knowledge of their level of disability, develop skills in a variety of team sports and maintain and/or improve their personal fitness. The content includes knowledge of consumer issues related to team sports for disabled persons, the classification system applicable to the individual’s specific disability, and safety practices.

PREREQUISITE: None

**General Course Information:**

|  |  |  |  |
| --- | --- | --- | --- |
|  | YES | NO | Other |
| Graduation Requirement | X |  | PE ELECTIVE |
| Bright Futures (BF) |  | | |
| Florida Academic Scholar (FAS) |  | X |  |
| Florida Medallion Scholar (FMS) |  | X |  |
| Florida Gold Seal Vocational (FGSV) | X |  | 4yr 24 credit option ONLY \*\* |
| State University System (SUS) |  | X |  |
| National Collegiate Athletic Association (NCAA) |  | X |  |
| BCPS “Core” Course |  | X |  |
| Course Level  1=below grade level,  2= at grade level,  3= above grade level |  |  | 1 |
| Industry Credential Eligible |  | X |  |
| Weighted Quality Points |  | | |
| State Honors (1 quality point) |  | X |  |
| BCPS Local Honors ONLY (1 quality point) |  | X |  |
| Pre IB (1 quality point) |  | X |  |
| Pre AICE (1 quality point) |  | X |  |
| AP (Advanced Placement) (2 quality points) \* |  | X |  |
| IB (International Baccalaureate) (2 quality points) |  | X |  |
| AICE (Advanced International Certificate of Education)  (2 quality points) |  | X |  |
| Technical Dual Enrollment (2 quality points) |  | X |  |

\* Must take AP exam; otherwise only 1 quality point.

\*\* For the 3-year, 18 credit option, requirements may differ. See your guidance counselor for more information.

# Course Title: Recreational Activities for Disabled Students (R)

# Course Number: 15003300

# Credit: .50

# Grade Level: 9-12

Major Concepts/Content

Recreational Activities For Disabled Students provides students with handicapping conditions with opportunities to acquire knowledge and skills in a variety of recreational activities that may be used outside the school setting with other disabled persons or with family and non-disabled peers, and maintain and/or improve their personal fitness. The content includes knowledge of the difference in active and passive pursuits, the values of recreation to social development, psychological values of recreational activities including stress management, consumer issues related to recreational activities, and safety practices.

PREREQUISITE: None

**General Course Information:**

|  |  |  |  |
| --- | --- | --- | --- |
|  | YES | NO | Other |
| Graduation Requirement | X |  | PE ELECTIVE |
| Bright Futures (BF) |  | | |
| Florida Academic Scholar (FAS) |  | X |  |
| Florida Medallion Scholar (FMS) |  | X |  |
| Florida Gold Seal Vocational (FGSV) | X |  | 4yr 24 credit option ONLY \*\* |
| State University System (SUS) |  | X |  |
| National Collegiate Athletic Association (NCAA) |  | X |  |
| BCPS “Core” Course |  | X |  |
| Course Level  1=below grade level,  2= at grade level,  3= above grade level |  |  | 1 |
| Industry Credential Eligible |  | X |  |
| Weighted Quality Points |  | | |
| State Honors (1 quality point) |  | X |  |
| BCPS Local Honors ONLY (1 quality point) |  | X |  |
| Pre IB (1 quality point) |  | X |  |
| Pre AICE (1 quality point) |  | X |  |
| AP (Advanced Placement) (2 quality points) \* |  | X |  |
| IB (International Baccalaureate) (2 quality points) |  | X |  |
| AICE (Advanced International Certificate of Education)  (2 quality points) |  | X |  |
| Technical Dual Enrollment (2 quality points) |  | X |  |

\* Must take AP exam; otherwise only 1 quality point.

\*\* For the 3-year, 18 credit option, requirements may differ. See your guidance counselor for more information.

# Course Title: Aquatics for Disabled Students (R)

# Course Number: 15003400

# Credit: .50

# Grade Level: 9-12

Major Concepts/Content

Aquatics For Disabled Students provides those exceptional students whose level of disability requires special assistance to insure safe instruction in the water with opportunities to participate in swimming activities, acquire knowledge of individual accommodations required to function safely in a water environment, and maintain and/or improve their personal fitness. The content includes knowledge and application of water entry techniques, personal flotation devices, and water safety techniques and practices applicable to the specific handicapping condition.

PREREQUISITE: None

**General Course Information:**

|  |  |  |  |
| --- | --- | --- | --- |
|  | YES | NO | Other |
| Graduation Requirement | X |  | PE ELECTIVE |
| Bright Futures (BF) |  | | |
| Florida Academic Scholar (FAS) |  | X |  |
| Florida Medallion Scholar (FMS) |  | X |  |
| Florida Gold Seal Vocational (FGSV) | X |  | 4yr 24 credit option ONLY \*\* |
| State University System (SUS) |  | X |  |
| National Collegiate Athletic Association (NCAA) |  | X |  |
| BCPS “Core” Course |  | X |  |
| Course Level  1=below grade level,  2= at grade level,  3= above grade level |  |  | 1 |
| Industry Credential Eligible |  | X |  |
| Weighted Quality Points |  | | |
| State Honors (1 quality point) |  | X |  |
| BCPS Local Honors ONLY (1 quality point) |  | X |  |
| Pre IB (1 quality point) |  | X |  |
| Pre AICE (1 quality point) |  | X |  |
| AP (Advanced Placement) (2 quality points) \* |  | X |  |
| IB (International Baccalaureate) (2 quality points) |  | X |  |
| AICE (Advanced International Certificate of Education)  (2 quality points) |  | X |  |
| Technical Dual Enrollment (2 quality points) |  | X |  |

\* Must take AP exam; otherwise only 1 quality point.

\*\* For the 3-year, 18 credit option, requirements may differ. See your guidance counselor for more information.

Course Title: Dance for Disabled Students (R)

**Course Number: 03004400**

**Credit: 1.00**

**Grade Level: 9-12**

# Major Concepts/Content

Dance For Disabled Students provides students with handicapping conditions with opportunities to participate in dance activities and to acquire an in-depth understanding of dance concepts and techniques. The content includes a variety of dance activities designed to aid in the understanding and application of basic movement patterns and to explore the utilization of time, space, force, flow, effort, and shape as applied to dance, culminating in compositions choreographed by students and teachers.

PREREQUISITE: None

**General Course Information:**

|  |  |  |  |
| --- | --- | --- | --- |
|  | YES | NO | Other |
| Graduation Requirement \*\*\* | X |  | PF \*\*\* |
| Bright Futures (BF) |  | | |
| Florida Academic Scholar (FAS) |  | X |  |
| Florida Medallion Scholar (FMS) |  | X |  |
| Florida Gold Seal Vocational (FGSV) | X |  | 4yr 24 credit option ONLY \*\* |
| State University System (SUS) | X |  | ELECTIVE |
| National Collegiate Athletic Association (NCAA) |  | X |  |
| BCPS “Core” Course |  | X |  |
| Course Level  1=below grade level,  2= at grade level,  3= above grade level |  |  | 2 |
| Industry Credential Eligible |  | X |  |
| Weighted Quality Points |  | | |
| State Honors (1 quality point) |  | X |  |
| BCPS Local Honors ONLY (1 quality point) |  | X |  |
| Pre IB (1 quality point) |  | X |  |
| Pre AICE (1 quality point) |  | X |  |
| AP (Advanced Placement) (2 quality points) \* |  | X |  |
| IB (International Baccalaureate) (2 quality points) |  | X |  |
| AICE (Advanced International Certificate of Education)  (2 quality points) |  | X |  |
| Technical Dual Enrollment (2 quality points) |  | X |  |

\* Must take AP exam; otherwise only 1 quality point.

\*\* For the 3-year, 18 credit option, requirements may differ. See your guidance counselor for more information.

\*\*\*Participation in a dance class satisfies the .5 credit of PE activity elective. (Note: Another option is to have this satisfy the Performing Arts requirement.) The students must still take the Personal Fitness class (.5 credit) to complete the 1 credit in PE.

# Course Title: Ethnic Dance (R)

# Course Number: 03003000

# Credit: .50

# Grade Level: 9-12

Major Concepts/Content

Ethnic Dance will provide students with opportunities to explore and develop techniques in ethnic dance and enhance creativity. The content includes knowledge and application of ethnic dance techniques from a variety of cultures.

PREREQUISITE: None

**General Course Information:**

|  |  |  |  |
| --- | --- | --- | --- |
|  | YES | NO | Other |
| Graduation Requirement | X |  | PF \*\* |
| Bright Futures (BF) |  | | |
| Florida Academic Scholar (FAS) |  | X |  |
| Florida Medallion Scholar (FMS) |  | X |  |
| Florida Gold Seal Vocational (FGSV) | X |  | 4yr 24 credit option ONLY \*\* |
| State University System (SUS) | X |  | ELECTIVE |
| National Collegiate Athletic Association (NCAA) |  | X |  |
| BCPS “Core” Course |  | X |  |
| Course Level  1=below grade level,  2= at grade level,  3= above grade level |  |  | 2 |
| Industry Credential Eligible |  | X |  |
| Weighted Quality Points |  | | |
| State Honors (1 quality point) |  | X |  |
| BCPS Local Honors ONLY (1 quality point) |  | X |  |
| Pre IB (1 quality point) |  | X |  |
| Pre AICE (1 quality point) |  | X |  |
| AP (Advanced Placement) (2 quality points) \* |  | X |  |
| IB (International Baccalaureate) (2 quality points) |  | X |  |
| AICE (Advanced International Certificate of Education)  (2 quality points) |  | X |  |
| Technical Dual Enrollment (2 quality points) |  | X |  |

\* Must take AP exam; otherwise only 1 quality point.

\*\* For the 3-year, 18 credit option, requirements may differ. See your guidance counselor for more information.

\*\*\*Participation in a dance class satisfies the .5 credit of PE activity elective. (Note: Another option is to have this satisfy the Performing Arts requirement.) The students must still take the Personal Fitness class (.5 credit) to complete the 1 credit in PE.

# Course Title: Dance Technique 1 (R)

# Course Number: 03003100

# Credit: 1.00

# Grade Level: 9-12

# Major Concepts/Content

Dance Technique I provides students with opportunities to acquire knowledge and skill in two or more styles of dance. The content includes in-depth knowledge and application of techniques of two or more dance styles (ballet, jazz, modern, theater, or tap), knowledge of dance terminology,

and knowledge of basic choreography of movement sequences.

PREREQUISITE: None

**General Course Information:**

|  |  |  |  |
| --- | --- | --- | --- |
|  | YES | NO | Other |
| Graduation Requirement | X |  | PF \*\*\* |
| Bright Futures (BF) |  | | |
| Florida Academic Scholar (FAS) |  | X |  |
| Florida Medallion Scholar (FMS) |  | X |  |
| Florida Gold Seal Vocational (FGSV) | X |  | 4yr 24 credit option ONLY \*\* |
| State University System (SUS) | X |  | ELECTIVE |
| National Collegiate Athletic Association (NCAA) |  | X |  |
| BCPS “Core” Course |  | X |  |
| Course Level  1=below grade level,  2= at grade level,  3= above grade level |  |  | 2 |
| Industry Credential Eligible |  | X |  |
| Weighted Quality Points |  | | |
| State Honors (1 quality point) |  | X |  |
| BCPS Local Honors ONLY (1 quality point) |  | X |  |
| Pre IB (1 quality point) |  | X |  |
| Pre AICE (1 quality point) |  | X |  |
| AP (Advanced Placement) (2 quality points) \* |  | X |  |
| IB (International Baccalaureate) (2 quality points) |  | X |  |
| AICE (Advanced International Certificate of Education)  (2 quality points) |  | X |  |
| Technical Dual Enrollment (2 quality points) |  | X |  |

\* Must take AP exam; otherwise only 1 quality point.

\*\* For the 3-year, 18 credit option, requirements may differ. See your guidance counselor for more information.

\*\*\*Participation in a dance class satisfies the .5 credit of PE activity elective. (Note: Another option is to have this satisfy the Performing Arts requirement.) The students must still take the Personal Fitness class (.5 credit) to complete the 1 credit in PE.

# Course Title: Dance Technique 2 (R)

# Course Number: 03003200

# Credit: 1.00

# Grade Level: 9-12

Major Concepts/Content

Dance Technique II provides students with opportunities to extend the acquisition of knowledge and the development of techniques of dance. The content includes further development of knowledge and application of techniques in two or more dance styles (ballet, jazz, modern, theater, or tap), knowledge of dance terminology, and knowledge of choreography.

PREREQUISITE: Dance Technique I or Instructor’s Permission

**General Course Information:**

|  |  |  |  |
| --- | --- | --- | --- |
|  | YES | NO | Other |
| Graduation Requirement | X |  | PF \*\*\* |
| Bright Futures (BF) |  | | |
| Florida Academic Scholar (FAS) |  | X |  |
| Florida Medallion Scholar (FMS) |  | X |  |
| Florida Gold Seal Vocational (FGSV) | X |  | 4yr 24 credit option ONLY \*\* |
| State University System (SUS) | X |  | ELECTIVE |
| National Collegiate Athletic Association (NCAA) |  | X |  |
| BCPS “Core” Course |  | X |  |
| Course Level  1=below grade level,  2= at grade level,  3= above grade level |  |  | 2 |
| Industry Credential Eligible |  | X |  |
| Weighted Quality Points |  | | |
| State Honors (1 quality point) |  | X |  |
| BCPS Local Honors ONLY (1 quality point) |  | X |  |
| Pre IB (1 quality point) |  | X |  |
| Pre AICE (1 quality point) |  | X |  |
| AP (Advanced Placement) (2 quality points) \* |  | X |  |
| IB (International Baccalaureate) (2 quality points) |  | X |  |
| AICE (Advanced International Certificate of Education)  (2 quality points) |  | X |  |
| Technical Dual Enrollment (2 quality points) |  | X |  |

\* Must take AP exam; otherwise only 1 quality point.

\*\* For the 3-year, 18 credit option, requirements may differ. See your guidance counselor for more information.

\*\*\*Participation in a dance class satisfies the .5 credit of PE activity elective. (Note: Another option is to have this satisfy the Performing Arts requirement.) The students must still take the Personal Fitness class (.5 credit) to complete the 1 credit in PE.

# Course Title: Dance Technique 3 (R)

# Course Number: 03003300

# Credit: 1.00

# Grade Level: 9-12

Major Concepts/Content

Dance Technique III provides students with opportunities to further extend the acquisition of knowledge and the development of techniques and dance. The content includes further development of knowledge and application of techniques in three or more dance styles (ballet, jazz, modern, theater, or tap), knowledge of dance terminology, and knowledge of choreography.

PREREQUISITE: Dance Technique II or Instructor’s Permission

**General Course Information:**

|  |  |  |  |
| --- | --- | --- | --- |
|  | YES | NO | Other |
| Graduation Requirement | X |  | PF \*\*\* |
| Bright Futures (BF) |  | | |
| Florida Academic Scholar (FAS) |  | X |  |
| Florida Medallion Scholar (FMS) |  | X |  |
| Florida Gold Seal Vocational (FGSV) | X |  | 4yr 24 credit option ONLY \*\* |
| State University System (SUS) | X |  | ELECTIVE |
| National Collegiate Athletic Association (NCAA) |  | X |  |
| BCPS “Core” Course |  | X |  |
| Course Level  1=below grade level,  2= at grade level,  3= above grade level |  |  | 3 |
| Industry Credential Eligible |  | X |  |
| Weighted Quality Points |  | | |
| State Honors (1 quality point) |  | X |  |
| BCPS Local Honors ONLY (1 quality point) |  | X |  |
| Pre IB (1 quality point) |  | X |  |
| Pre AICE (1 quality point) |  | X |  |
| AP (Advanced Placement) (2 quality points) \* |  | X |  |
| IB (International Baccalaureate) (2 quality points) |  | X |  |
| AICE (Advanced International Certificate of Education)  (2 quality points) |  | X |  |
| Technical Dual Enrollment (2 quality points) |  | X |  |

\* Must take AP exam; otherwise only 1 quality point.

\*\* For the 3-year, 18 credit option, requirements may differ. See your guidance counselor for more information.

\*\*\*Participation in a dance class satisfies the .5 credit of PE activity elective. (Note: Another option is to have this satisfy the Performing Arts requirement.) The students must still take the Personal Fitness class (.5 credit) to complete the 1 credit in PE.

# Course Title: Ballet 1 (R)

# Course Number: 03003400

# Credit: 1.00

# Grade Level: 9-12

Major Concepts/Content

Ballet I provides students with opportunities to acquire knowledge and skills in basic ballet techniques. The content includes knowledge and application of basic barre warm-ups, center techniques, turns, across-the-floor-work, and knowledge of basic terminology.

PREREQUISITE: None

**General Course Information:**

|  |  |  |  |
| --- | --- | --- | --- |
|  | YES | NO | Other |
| Graduation Requirement | X |  | PF \*\*\* |
| Bright Futures (BF) |  | | |
| Florida Academic Scholar (FAS) |  | X |  |
| Florida Medallion Scholar (FMS) |  | X |  |
| Florida Gold Seal Vocational (FGSV) | X |  | 4yr 24 credit option ONLY \*\* |
| State University System (SUS) | X |  | ELECTIVE |
| National Collegiate Athletic Association (NCAA) |  | X |  |
| BCPS “Core” Course |  | X |  |
| Course Level  1=below grade level,  2= at grade level,  3= above grade level |  |  | 2 |
| Industry Credential Eligible |  | X |  |
| Weighted Quality Points |  | | |
| State Honors (1 quality point) |  | X |  |
| BCPS Local Honors ONLY (1 quality point) |  | X |  |
| Pre IB (1 quality point) |  | X |  |
| Pre AICE (1 quality point) |  | X |  |
| AP (Advanced Placement) (2 quality points) \* |  | X |  |
| IB (International Baccalaureate) (2 quality points) |  | X |  |
| AICE (Advanced International Certificate of Education)  (2 quality points) |  | X |  |
| Technical Dual Enrollment (2 quality points) |  | X |  |

\* Must take AP exam; otherwise only 1 quality point.

\*\* For the 3-year, 18 credit option, requirements may differ. See your guidance counselor for more information.

\*\*\*Participation in a dance class satisfies the .5 credit of PE activity elective. (Note: Another option is to have this satisfy the Performing Arts requirement.) The students must still take the Personal Fitness class (.5 credit) to complete the 1 credit in PE.

# Course Title: Ballet 2 (R)

# Course Number: 03003500

# Credit: 1.00

# Grade Level: 9-12

Major Concepts/Content

Ballet II provides students with an opportunity to extend the acquisition of knowledge and the development of technique in ballet and provide an opportunity for performance. The content includes further development of knowledge and application of barre and center warm-ups and techniques, turns, combinations across the floor, knowledge of performance, and knowledge of ballet terminology.

PREREQUISITE: Ballet I or Instructor’s Permission

**General Course Information:**

|  |  |  |  |
| --- | --- | --- | --- |
|  | YES | NO | Other |
| Graduation Requirement | X |  | PF \*\*\* |
| Bright Futures (BF) |  | | |
| Florida Academic Scholar (FAS) |  | X |  |
| Florida Medallion Scholar (FMS) |  | X |  |
| Florida Gold Seal Vocational (FGSV) | X |  | 4yr 24 credit option ONLY \*\* |
| State University System (SUS) | X |  | ELECTIVE |
| National Collegiate Athletic Association (NCAA) |  | X |  |
| BCPS “Core” Course |  | X |  |
| Course Level  1=below grade level,  2= at grade level,  3= above grade level |  |  | 2 |
| Industry Credential Eligible |  | X |  |
| Weighted Quality Points |  | | |
| State Honors (1 quality point) |  | X |  |
| BCPS Local Honors ONLY (1 quality point) |  | X |  |
| Pre IB (1 quality point) |  | X |  |
| Pre AICE (1 quality point) |  | X |  |
| AP (Advanced Placement) (2 quality points) \* |  | X |  |
| IB (International Baccalaureate) (2 quality points) |  | X |  |
| AICE (Advanced International Certificate of Education)  (2 quality points) |  | X |  |
| Technical Dual Enrollment (2 quality points) |  | X |  |

\* Must take AP exam; otherwise only 1 quality point.

\*\* For the 3-year, 18 credit option, requirements may differ. See your guidance counselor for more information.

\*\*\*Participation in a dance class satisfies the .5 credit of PE activity elective. (Note: Another option is to have this satisfy the Performing Arts requirement.) The students must still take the Personal Fitness class (.5 credit) to complete the 1 credit in PE.

# Course Title: Ballet 3 (R)

# Course Number: 03003600

# Credit: 1.00

# Grade Level: 9-12

Major Concepts/Content

Ballet III provides students with opportunities to extend the acquisition of knowledge and the development of technique in ballet and provide greater opportunity for performance. The content includes further development of knowledge and application of barre and center warm-ups and techniques, turns, choreography, basic pointe technique, turns from 4th and 5th positions, advanced ballet terminology, and public performances.

PREREQUISITE: Ballet III or Instructor’s Permission

**General Course Information:**

|  |  |  |  |
| --- | --- | --- | --- |
|  | YES | NO | Other |
| Graduation Requirement \*\*\* | X |  | PF \*\*\* |
| Bright Futures (BF) |  | | |
| Florida Academic Scholar (FAS) \*\*\*\* |  | X |  |
| Florida Medallion Scholar (FMS) \*\*\*\* |  | X |  |
| Florida Gold Seal Vocational (FGSV) \*\* | X |  | 4yr 24 credit option ONLY \*\* |
| State University System (SUS) | X |  | ELECTIVE |
| National Collegiate Athletic Association (NCAA) |  | X |  |
| BCPS “Core” Course |  | X |  |
| Course Level  1=below grade level,  2= at grade level,  3= above grade level |  |  | 2 |
| Industry Credential Eligible |  | X |  |
| Weighted Quality Points |  | | |
| State Honors (1 quality point) |  | X |  |
| BCPS Local Honors ONLY (1 quality point) |  | X |  |
| Pre IB (1 quality point) |  | X |  |
| Pre AICE (1 quality point) |  | X |  |
| AP (Advanced Placement) (2 quality points) \* |  | X |  |
| IB (International Baccalaureate) (2 quality points) |  | X |  |
| AICE (Advanced International Certificate of Education)  (2 quality points) |  | X |  |
| Technical Dual Enrollment (2 quality points) |  | X |  |

\* Must take AP exam; otherwise only 1 quality point.

\*\* For the 3-year, 18 credit option, requirements may differ. See your guidance counselor for more information.

\*\*\*Participation in a dance class satisfies the .5 credit of PE activity elective. (Note: Another option is to have this satisfy the Performing Arts requirement.) The students must still take the Personal Fitness class (.5 credit) to complete the 1 credit in PE.

# Course Title: Ballet IV (R)

# Course Number: 03003700

# Credit: 1.00

# Grade Level: 9-12

Major Concepts/Content

Ballet IV provides students with opportunities to extend, refine, and further develop technique in ballet. The content includes study of musical form, labonotation, further development of skills with emphasis on choreography, advance pointe technique, turns, leaps, correct placement of shoulders, grand adage and allegro, and partnering techniques (pas de deux).

PREREQUISITE: Ballet III or Instructor’s Permission

**General Course Information:**

|  |  |  |  |
| --- | --- | --- | --- |
|  | YES | NO | Other |
| Graduation Requirement | X |  | PF \*\*\* |
| Bright Futures (BF) |  | | |
| Florida Academic Scholar (FAS) |  | X |  |
| Florida Medallion Scholar (FMS) |  | X |  |
| Florida Gold Seal Vocational (FGSV) | X |  | 4yr 24 credit option ONLY \*\* |
| State University System (SUS) | X |  | ELECTIVE |
| National Collegiate Athletic Association (NCAA) |  | X |  |
| BCPS “Core” Course |  | X |  |
| Course Level  1=below grade level,  2= at grade level,  3= above grade level |  |  | 3 |
| Industry Credential Eligible |  | X |  |
| Weighted Quality Points |  | | |
| State Honors (1 quality point) |  | X |  |
| BCPS Local Honors ONLY (1 quality point) |  | X |  |
| Pre IB (1 quality point) |  | X |  |
| Pre AICE (1 quality point) |  | X |  |
| AP (Advanced Placement) (2 quality points) \* |  | X |  |
| IB (International Baccalaureate) (2 quality points) |  | X |  |
| AICE (Advanced International Certificate of Education)  (2 quality points) |  | X |  |
| Technical Dual Enrollment (2 quality points) |  | X |  |

\* Must take AP exam; otherwise only 1 quality point.

\*\* For the 3-year, 18 credit option, requirements may differ. See your guidance counselor for more information.

\*\*\*Participation in a dance class satisfies the .5 credit of PE activity elective. (Note: Another option is to have this satisfy the Performing Arts requirement.) The students must still take the Personal Fitness class (.5 credit) to complete the 1 credit in PE.

# Course Title: Dance Choreography/Performance 1 (R)

# Course Number: 03003800

# Credit: 1.00

# Grade Level: 9-12

Major Concepts/Content

This course provides the talented and skilled dancers with opportunities to acquire in-depth knowledge of the techniques of choreography while continuing to refine their skills in performing. The content includes in depth knowledge of the elements of music, creating movement sequences exploring space, time, force, and flow, improvisation, lighting, costuming, make-up for dance, and performing.

PREREQUISITE: None

**General Course Information:**

|  |  |  |  |
| --- | --- | --- | --- |
|  | YES | NO | Other |
| Graduation Requirement | X |  | PF \*\*\* |
| Bright Futures (BF) |  | | |
| Florida Academic Scholar (FAS) |  | X |  |
| Florida Medallion Scholar (FMS) |  | X |  |
| Florida Gold Seal Vocational (FGSV) | X |  | 4yr 24 credit option ONLY \*\* |
| State University System (SUS) | X |  | ELECTIVE |
| National Collegiate Athletic Association (NCAA) |  | X |  |
| BCPS “Core” Course |  | X |  |
| Course Level  1=below grade level,  2= at grade level,  3= above grade level |  |  | 2 |
| Industry Credential Eligible |  | X |  |
| Weighted Quality Points |  | | |
| State Honors (1 quality point) |  | X |  |
| BCPS Local Honors ONLY (1 quality point) |  | X |  |
| Pre IB (1 quality point) |  | X |  |
| Pre AICE (1 quality point) |  | X |  |
| AP (Advanced Placement) (2 quality points) \* |  | X |  |
| IB (International Baccalaureate) (2 quality points) |  | X |  |
| AICE (Advanced International Certificate of Education)  (2 quality points) |  | X |  |
| Technical Dual Enrollment (2 quality points) |  | X |  |

\* Must take AP exam; otherwise only 1 quality point.

\*\* For the 3-year, 18 credit option, requirements may differ. See your guidance counselor for more information.

\*\*\*Participation in a dance class satisfies the .5 credit of PE activity elective. (Note: Another option is to have this satisfy the Performing Arts requirement.) The students must still take the Personal Fitness class (.5 credit) to complete the 1 credit in PE.

# Course Title: Dance Choreography/Performance 2 (R)

# Course Number: 03003900

# Credit: 1.00

# Grade Level: 9-12

Major Concepts/Content

This course provides the talented and skilled dancers with opportunities to further extend the acquisition of knowledge of techniques of choreography and performance. The content includes experiences in dance critique, research on periods in dance history, lighting design, intermediate and advanced dance techniques in a variety of dance forms, and dance choreography for performance.

PREREQUISITE: Dance Choreography/Performance I or Instructor’s Permission

**General Course Information:**

|  |  |  |  |
| --- | --- | --- | --- |
|  | YES | NO | Other |
| Graduation Requirement | X |  | PF \*\*\* |
| Bright Futures (BF) |  | | |
| Florida Academic Scholar (FAS) |  | X |  |
| Florida Medallion Scholar (FMS) |  | X |  |
| Florida Gold Seal Vocational (FGSV) | X |  | 4yr 24 credit option ONLY \*\* |
| State University System (SUS) | X |  | ELECTIVE |
| National Collegiate Athletic Association (NCAA) |  | X |  |
| BCPS “Core” Course |  | X |  |
| Course Level  1=below grade level,  2= at grade level,  3= above grade level |  |  | 3 |
| Industry Credential Eligible |  | X |  |
| Weighted Quality Points |  | | |
| State Honors (1 quality point) |  | X |  |
| BCPS Local Honors ONLY (1 quality point) |  | X |  |
| Pre IB (1 quality point) |  | X |  |
| Pre AICE (1 quality point) |  | X |  |
| AP (Advanced Placement) (2 quality points) \* |  | X |  |
| IB (International Baccalaureate) (2 quality points) |  | X |  |
| AICE (Advanced International Certificate of Education)  (2 quality points) |  | X |  |
| Technical Dual Enrollment (2 quality points) |  | X |  |

\* Must take AP exam; otherwise only 1 quality point.

\*\* For the 3-year, 18 credit option, requirements may differ. See your guidance counselor for more information.

\*\*\*Participation in a dance class satisfies the .5 credit of PE activity elective. (Note: Another option is to have this satisfy the Performing Arts requirement.) The students must still take the Personal Fitness class (.5 credit) to complete the 1 credit in PE.

# Course Title: Dance Repertory 1 (R)

# Course Number: 03004000

# Credit: 1.00

# Grade Level: 9-12

Major Concepts/Content

Dance Repertory I provides students in dance with opportunities to develop skills in the areas of modern, jazz, and tap dance techniques. The content includes application of fundamental principles of modern, jazz, and tap technique, including barre, center floor, axial center, locomotor and physiologically sound movement progressions. Acquisition of technique includes isolation and movement to syncopated rhythms, time steps, breaks and soft shoe. The course will include the introduction of the history and terminology of these dance idioms.

PREREQUISITE: None

**General Course Information:**

|  |  |  |  |
| --- | --- | --- | --- |
|  | YES | NO | Other |
| Graduation Requirement | X |  | PF \*\*\* |
| Bright Futures (BF) |  | | |
| Florida Academic Scholar (FAS) |  | X |  |
| Florida Medallion Scholar (FMS) |  | X |  |
| Florida Gold Seal Vocational (FGSV) | X |  | 4yr 24 credit option ONLY \*\* |
| State University System (SUS) | X |  | ELECTIVE |
| National Collegiate Athletic Association (NCAA) |  | X |  |
| BCPS “Core” Course |  | X |  |
| Course Level  1=below grade level,  2= at grade level,  3= above grade level |  |  | 2 |
| Industry Credential Eligible |  | X |  |
| Weighted Quality Points |  | | |
| State Honors (1 quality point) |  | X |  |
| BCPS Local Honors ONLY (1 quality point) |  | X |  |
| Pre IB (1 quality point) |  | X |  |
| Pre AICE (1 quality point) |  | X |  |
| AP (Advanced Placement) (2 quality points) \* |  | X |  |
| IB (International Baccalaureate) (2 quality points) |  | X |  |
| AICE (Advanced International Certificate of Education)  (2 quality points) |  | X |  |
| Technical Dual Enrollment (2 quality points) |  | X |  |

\* Must take AP exam; otherwise only 1 quality point.

\*\* For the 3-year, 18 credit option, requirements may differ. See your guidance counselor for more information.

\*\*\*Participation in a dance class satisfies the .5 credit of PE activity elective. (Note: Another option is to have this satisfy the Performing Arts requirement.) The students must still take the Personal Fitness class (.5 credit) to complete the 1 credit in PE.

# Course Title: Dance Repertory 2 (R)

# Course Number: 03004100

# Credit: 1.00

# Grade Level: 9-12

# Major Concepts/Content

Dance Repertory II further improves the dance technique and skills of students in dance with concentrated instruction in intricate jazz, and tap dance techniques. The content includes transitional movements, qualities of movement, lyrical, staccato, and vibratory movements, accents at longer and more advanced movement combinations, dance history emphasizing major styles, dancers, and choreographers of the 20th century. Musical form and technical theater will be covered during this course.

PREREQUISITE: Dance Repertory I or Instructor’s Permission

**General Course Information:**

|  |  |  |  |
| --- | --- | --- | --- |
|  | YES | NO | Other |
| Graduation Requirement | X |  | PF \*\*\* |
| Bright Futures (BF) |  | | |
| Florida Academic Scholar (FAS) |  | X |  |
| Florida Medallion Scholar (FMS) |  | X |  |
| Florida Gold Seal Vocational (FGSV) | X |  | 4yr 24 credit option ONLY \*\* |
| State University System (SUS) | X |  | ELECTIVE |
| National Collegiate Athletic Association (NCAA) |  | X |  |
| BCPS “Core” Course |  | X |  |
| Course Level  1=below grade level,  2= at grade level,  3= above grade level |  |  | 2 |
| Industry Credential Eligible |  | X |  |
| Weighted Quality Points |  | | |
| State Honors (1 quality point) |  | X |  |
| BCPS Local Honors ONLY (1 quality point) |  | X |  |
| Pre IB (1 quality point) |  | X |  |
| Pre AICE (1 quality point) |  | X |  |
| AP (Advanced Placement) (2 quality points) \* |  | X |  |
| IB (International Baccalaureate) (2 quality points) |  | X |  |
| AICE (Advanced International Certificate of Education)  (2 quality points) |  | X |  |
| Technical Dual Enrollment (2 quality points) |  | X |  |

\* Must take AP exam; otherwise only 1 quality point.

\*\* For the 3-year, 18 credit option, requirements may differ. See your guidance counselor for more information.

\*\*\*Participation in a dance class satisfies the .5 credit of PE activity elective. (Note: Another option is to have this satisfy the Performing Arts requirement.) The students must still take the Personal Fitness class (.5 credit) to complete the 1 credit in PE.

# Course Title: Dance Repertory 3 (R)

# Course Number: 03004200

# Credit: 1.00

# Grade Level: 9-12

Major Concepts/Content

Dance Repertory III provides students in dance with opportunities for in-depth instruction and specialization in jazz, modern or tap dance and to provide opportunities for performance to further enhance and develop techniques of dance. The content includes instruction in anatomy and physiology as it relates to the dancer, dance injuries and their prevention, fundamentals of choreography, pedagogy and critique.

PREREQUISITE: Dance Repertory II or Instructor’s Permission

**General Course Information:**

|  |  |  |  |
| --- | --- | --- | --- |
|  | YES | NO | Other |
| Graduation Requirement | X |  | PF \*\*\* |
| Bright Futures (BF) |  | | |
| Florida Academic Scholar (FAS) |  | X |  |
| Florida Medallion Scholar (FMS) |  | X |  |
| Florida Gold Seal Vocational (FGSV) | X |  | 4yr 24 credit option ONLY \*\* |
| State University System (SUS) | X |  | ELECTIVE |
| National Collegiate Athletic Association (NCAA) |  | X |  |
| BCPS “Core” Course |  | X |  |
| Course Level  1=below grade level,  2= at grade level,  3= above grade level |  |  | 3 |
| Industry Credential Eligible |  | X |  |
| Weighted Quality Points |  | | |
| State Honors (1 quality point) |  | X |  |
| BCPS Local Honors ONLY (1 quality point) |  | X |  |
| Pre IB (1 quality point) |  | X |  |
| Pre AICE (1 quality point) |  | X |  |
| AP (Advanced Placement) (2 quality points) \* |  | X |  |
| IB (International Baccalaureate) (2 quality points) |  | X |  |
| AICE (Advanced International Certificate of Education)  (2 quality points) |  | X |  |
| Technical Dual Enrollment (2 quality points) |  | X |  |

\* Must take AP exam; otherwise only 1 quality point.

\*\* For the 3-year, 18 credit option, requirements may differ. See your guidance counselor for more information.

\*\*\*Participation in a dance class satisfies the .5 credit of PE activity elective. (Note: Another option is to have this satisfy the Performing Arts requirement.) The students must still take the Personal Fitness class (.5 credit) to complete the 1 credit in PE.

**Course Title: Dance Repertory 4 (R)**

**Course Number: 03004300**

**Credit: 1.00**

**Grade Level: 9-12**

Major Concepts/Content

Dance Repertory IV provides students in dance with opportunities to further enhance their skills and to further their knowledge of choreography including labanotation. The content includes basic symbols of the scientific method of recording movement on paper and symbolizing the elements of space, time, energy, and the parts of the body which can be read and converted into movement and acquisition of in-depth choreographic skills and their applications to the student’s own performance.

PREREQUISITE: Dance Repertory III or Instructor’s Permission

SPECIAL NOTE: This course meets graduation requirements for Performing Fine Arts.

**General Course Information:**

|  |  |  |  |
| --- | --- | --- | --- |
|  | YES | NO | Other |
| Graduation Requirement | X |  | PF \*\*\* |
| Bright Futures (BF) |  | | |
| Florida Academic Scholar (FAS) |  | X |  |
| Florida Medallion Scholar (FMS) |  | X |  |
| Florida Gold Seal Vocational (FGSV) | X |  | 4yr 24 credit option ONLY \*\* |
| State University System (SUS) | X |  | ELECTIVE |
| National Collegiate Athletic Association (NCAA) |  | X |  |
| BCPS “Core” Course |  | X |  |
| Course Level  1=below grade level,  2= at grade level,  3= above grade level |  |  | 3 |
| Industry Credential Eligible |  | X |  |
| Weighted Quality Points |  | | |
| State Honors (1 quality point) |  | X |  |
| BCPS Local Honors ONLY (1 quality point) |  | X |  |
| Pre IB (1 quality point) |  | X |  |
| Pre AICE (1 quality point) |  | X |  |
| AP (Advanced Placement) (2 quality points) \* |  | X |  |
| IB (International Baccalaureate) (2 quality points) |  | X |  |
| AICE (Advanced International Certificate of Education)  (2 quality points) |  | X |  |
| Technical Dual Enrollment (2 quality points) |  | X |  |

\* Must take AP exam; otherwise only 1 quality point.

\*\* For the 3-year, 18 credit option, requirements may differ. See your guidance counselor for more information.

\*\*\*Participation in a dance class satisfies the .5 credit of PE activity elective. (Note: Another option is to have this satisfy the Performing Arts requirement.) The students must still take the Personal Fitness class (.5 credit) to complete the 1 credit in PE.

# Course Title: Dance History Appreciation 1 (R)

# Course Number: 03004500

# Credit: 1.0

# Grade Level: 9-12

# Major Concepts/Content

The purpose of this course is to provide students with opportunities to study Dance History, its relationship to other disciplines, Dance Criticism, the Theory of Movement, and to help students acquire the knowledge and skills necessary to value the role of dance, and its contribution to life. The content should include, but not be limited to; the study of the history, criticism, and theory of dance movement; the value of dance as an important realm of human experience; the study of dance fundamentals, styles and periods; and development of dance judgments of aesthetic merit.

PREREQUISITES: None

**General Course Information:**

|  |  |  |  |
| --- | --- | --- | --- |
|  | YES | NO | Other |
| Graduation Requirement | X |  | PF \*\*\* |
| Bright Futures (BF) |  | | |
| Florida Academic Scholar (FAS) |  | X |  |
| Florida Medallion Scholar (FMS) |  | X |  |
| Florida Gold Seal Vocational (FGSV) | X |  | 4yr 24 credit option ONLY \*\* |
| State University System (SUS) | X |  | ELECTIVE |
| National Collegiate Athletic Association (NCAA) |  | X |  |
| BCPS “Core” Course |  | X |  |
| Course Level  1=below grade level,  2= at grade level,  3= above grade level |  |  | 2 |
| Industry Credential Eligible |  | X |  |
| Weighted Quality Points |  | | |
| State Honors (1 quality point) |  | X |  |
| BCPS Local Honors ONLY (1 quality point) |  | X |  |
| Pre IB (1 quality point) |  | X |  |
| Pre AICE (1 quality point) |  | X |  |
| AP (Advanced Placement) (2 quality points) \* |  | X |  |
| IB (International Baccalaureate) (2 quality points) |  | X |  |
| AICE (Advanced International Certificate of Education)  (2 quality points) |  | X |  |
| Technical Dual Enrollment (2 quality points) |  | X |  |

\* Must take AP exam; otherwise only 1 quality point.

\*\* For the 3-year, 18 credit option, requirements may differ. See your guidance counselor for more information.

\*\*\*Participation in a dance class satisfies the .5 credit of PE activity elective. (Note: Another option is to have this satisfy the Performing Arts requirement.) The students must still take the Personal Fitness class (.5 credit) to complete the 1 credit in PE.

# Course Title: Volleyball 1 (R)

# Course Number: 15055000

# Credit: .50

# Grade Level: 9-12

Major Concepts/Content

Beginning Volleyball provides students with opportunities to acquire knowledge and skills in volleyball that may be used in recreational pursuits today as well as in later life and maintain and/or improve their personal fitness. The content includes in-depth knowledge and application of skills, techniques, strategies of team play, rules and safety practices necessary to participate in beginning volleyball, and knowledge of the organization and administration of volleyball activities.

PREREQUISITE: None

**General Course Information:**

|  |  |  |  |
| --- | --- | --- | --- |
|  | YES | NO | Other |
| Graduation Requirement | X |  | PE ELECTIVE |
| Bright Futures (BF) |  | | |
| Florida Academic Scholar (FAS) |  | X |  |
| Florida Medallion Scholar (FMS) |  | X |  |
| Florida Gold Seal Vocational (FGSV) | X |  | 4yr 24 credit option ONLY \*\* |
| State University System (SUS) |  |  |  |
| National Collegiate Athletic Association (NCAA) |  | X |  |
| BCPS “Core” Course |  | X |  |
| Course Level  1=below grade level,  2= at grade level,  3= above grade level |  |  | 2 |
| Industry Credential Eligible |  | X |  |
| Weighted Quality Points |  | | |
| State Honors (1 quality point) |  | X |  |
| BCPS Local Honors ONLY (1 quality point) |  | X |  |
| Pre IB (1 quality point) |  | X |  |
| Pre AICE (1 quality point) |  | X |  |
| AP (Advanced Placement) (2 quality points) \* |  | X |  |
| IB (International Baccalaureate) (2 quality points) |  | X |  |
| AICE (Advanced International Certificate of Education)  (2 quality points) |  | X |  |
| Technical Dual Enrollment (2 quality points) |  | X |  |

\* Must take AP exam; otherwise only 1 quality point.

\*\* For the 3-year, 18 credit option, requirements may differ. See your guidance counselor for more information.

# Course Title: Volleyball 2 (R)

# Course Number: 15055100

# Credit: .50

# Grade Level: 9-12

Major Concepts/Content

The purpose of this course is to acquire knowledge and skills in intermediate volleyball for current and future recreational pursuits and maintain and/or improvement of fitness should be stressed.

PREREQUISITE: Beginning Volleyball or Instructor’s Permission

**General Course Information:**

|  |  |  |  |
| --- | --- | --- | --- |
|  | YES | NO | Other |
| Graduation Requirement | X |  | PE ELECTIVE |
| Bright Futures (BF) |  | | |
| Florida Academic Scholar (FAS) |  | X |  |
| Florida Medallion Scholar (FMS) |  | X |  |
| Florida Gold Seal Vocational (FGSV) | X |  | 4yr 24 credit option ONLY \*\* |
| State University System (SUS) |  | X |  |
| National Collegiate Athletic Association (NCAA) |  | X |  |
| BCPS “Core” Course |  | X |  |
| Course Level  1=below grade level,  2= at grade level,  3= above grade level |  |  | 2 |
| Industry Credential Eligible |  | X |  |
| Weighted Quality Points |  | | |
| State Honors (1 quality point) |  | X |  |
| BCPS Local Honors ONLY (1 quality point) |  | X |  |
| Pre IB (1 quality point) |  | X |  |
| Pre AICE (1 quality point) |  | X |  |
| AP (Advanced Placement) (2 quality points) \* |  | X |  |
| IB (International Baccalaureate) (2 quality points) |  | X |  |
| AICE (Advanced International Certificate of Education)  (2 quality points) |  | X |  |
| Technical Dual Enrollment (2 quality points) |  | X |  |

\* Must take AP exam; otherwise only 1 quality point.

\*\* For the 3-year, 18 credit option, requirements may differ. See your guidance counselor for more information.

Course Title: Volleyball 3

Course Number: 1505520

Credit: .50

Grade Level: 9-12

Major Concepts/Content

The purpose of this course is to enable students to continue their knowledge and skills in volleyball and to improve to an advanced level health-related fitness.

PREREQUISITE: Intermediate Volleyball or Instructor‘s Permission

**General Course Information:**

|  |  |  |  |
| --- | --- | --- | --- |
|  | YES | NO | Other |
| Graduation Requirement | X |  | PE ELECTIVE |
| Bright Futures (BF) |  | | |
| Florida Academic Scholar (FAS) |  | X |  |
| Florida Medallion Scholar (FMS) |  | X |  |
| Florida Gold Seal Vocational (FGSV) | X |  | 4yr 24 credit option ONLY \*\* |
| State University System (SUS) |  | X |  |
| National Collegiate Athletic Association (NCAA) |  | X |  |
| BCPS “Core” Course |  | X |  |
| Course Level  1=below grade level,  2= at grade level,  3= above grade level |  |  | 2 |
| Industry Credential Eligible |  | X |  |
| Weighted Quality Points |  | | |
| State Honors (1 quality point) |  | X |  |
| BCPS Local Honors ONLY (1 quality point) |  | X |  |
| Pre IB (1 quality point) |  | X |  |
| Pre AICE (1 quality point) |  | X |  |
| AP (Advanced Placement) (2 quality points) \* |  | X |  |
| IB (International Baccalaureate) (2 quality points) |  | X |  |
| AICE (Advanced International Certificate of Education)  (2 quality points) |  | X |  |
| Technical Dual Enrollment (2 quality points) |  | X |  |

\* Must take AP exam; otherwise only 1 quality point.

\*\* For the 3-year, 18 credit option, requirements may differ. See your guidance counselor for more information.

# Course Title: Racquetball 1

# Course Number: 15054300

# Credit: .50

# Grade Level: 9-12

Major Concepts/Content

The purpose of this course is to acquire knowledge and skills in racquetball that may be used in current and future recreational pursuits and maintain and/or improve personal fitness. Skill acquisition and the maintenance and/or improvement of fitness should be stressed.

PREREQUISITE: None

**General Course Information:**

|  |  |  |  |
| --- | --- | --- | --- |
|  | YES | NO | Other |
| Graduation Requirement | X |  | PE ELECTIVE |
| Bright Futures (BF) |  | | |
| Florida Academic Scholar (FAS) |  | X |  |
| Florida Medallion Scholar (FMS) |  | X |  |
| Florida Gold Seal Vocational (FGSV) | X |  | 4yr 24 credit option ONLY \*\* |
| State University System (SUS) |  | X |  |
| National Collegiate Athletic Association (NCAA) |  | X |  |
| BCPS “Core” Course |  | X |  |
| Course Level  1=below grade level,  2= at grade level,  3= above grade level |  |  | 2 |
| Industry Credential Eligible |  | X |  |
| Weighted Quality Points |  | | |
| State Honors (1 quality point) |  | X |  |
| BCPS Local Honors ONLY (1 quality point) |  | X |  |
| Pre IB (1 quality point) |  | X |  |
| Pre AICE (1 quality point) |  | X |  |
| AP (Advanced Placement) (2 quality points) \* |  | X |  |
| IB (International Baccalaureate) (2 quality points) |  | X |  |
| AICE (Advanced International Certificate of Education)  (2 quality points) |  | X |  |
| Technical Dual Enrollment (2 quality points) |  | X |  |

\* Must take AP exam; otherwise only 1 quality point.

\*\* For the 3-year, 18 credit option, requirements may differ. See your guidance counselor for more information.

# Course Title: Racquetball 2 (R)

# Course Number: 15054400

# Credit: .50

# Grade Level: 9-12

Major Concepts/Content

The purpose of this course is to extend the acquisition of knowledge and the development of skills in racquetball for current and future recreational pursuits and maintain and/or improve personal fitness. Skill acquisition and the maintenance and/or improvement of fitness should be stressed.

PREREQUISITE: Beginning Racquetball or Instructor’s Permission

**General Course Information:**

|  |  |  |  |
| --- | --- | --- | --- |
|  | YES | NO | Other |
| Graduation Requirement | X |  | PE ELECTIVE |
| Bright Futures (BF) |  | | |
| Florida Academic Scholar (FAS) |  | X |  |
| Florida Medallion Scholar (FMS) |  | X |  |
| Florida Gold Seal Vocational (FGSV) | X |  | 4yr 24 credit option ONLY \*\* |
| State University System (SUS) |  | X |  |
| National Collegiate Athletic Association (NCAA) |  | X |  |
| BCPS “Core” Course |  | X |  |
| Course Level  1=below grade level,  2= at grade level,  3= above grade level |  |  | 2 |
| Industry Credential Eligible |  | X |  |
| Weighted Quality Points |  | | |
| State Honors (1 quality point) |  | X |  |
| BCPS Local Honors ONLY (1 quality point) |  | X |  |
| Pre IB (1 quality point) |  | X |  |
| Pre AICE (1 quality point) |  | X |  |
| AP (Advanced Placement) (2 quality points) \* |  | X |  |
| IB (International Baccalaureate) (2 quality points) |  | X |  |
| AICE (Advanced International Certificate of Education)  (2 quality points) |  | X |  |
| Technical Dual Enrollment (2 quality points) |  | X |  |

\* Must take AP exam; otherwise only 1 quality point.

\*\* For the 3-year, 18 credit option, requirements may differ. See your guidance counselor for more information.

# Course Title: Completion of Interscholastic Sports Season 1

# Course Number: 15004100

# Credit: .00

# Grade Level: 9-12

Major Concepts/Content

The purpose of this course number is to indicate that the first season of the two full seasons of an approved interscholastic sport at the junior varsity or varsity level has been completed and the student is working toward fulfillment of the graduation requirement through interscholastic sports.

PREREQUISITE: None

**General Course Information:**

|  |  |  |  |
| --- | --- | --- | --- |
|  | YES | NO | Other |
| Graduation Requirement |  | X | PE WAIVER |
| Bright Futures (BF) |  | | |
| Florida Academic Scholar (FAS) |  | X |  |
| Florida Medallion Scholar (FMS) |  | X |  |
| Florida Gold Seal Vocational (FGSV) | X |  | 4yr 24 credit option ONLY \*\* |
| State University System (SUS) |  | X |  |
| National Collegiate Athletic Association (NCAA) |  | X |  |
| BCPS “Core” Course |  | X |  |
| Course Level  1=below grade level,  2= at grade level,  3= above grade level |  |  |  |
| Industry Credential Eligible |  | X |  |
| Weighted Quality Points |  | | |
| State Honors (1 quality point) |  | X |  |
| BCPS Local Honors ONLY (1 quality point) |  | X |  |
| Pre IB (1 quality point) |  | X |  |
| Pre AICE (1 quality point) |  | X |  |
| AP (Advanced Placement) (2 quality points) \* |  | X |  |
| IB (International Baccalaureate) (2 quality points) |  | X |  |
| AICE (Advanced International Certificate of Education)  (2 quality points) |  | X |  |
| Technical Dual Enrollment (2 quality points) |  | X |  |

\* Must take AP exam; otherwise only 1 quality point.

\*\* For the 3-year, 18 credit option, requirements may differ. See your guidance counselor for more information.

# Course Title: Completion of Interscholastic Sports Season 2

# Course Number: 15004200

# Credit: .00

# Grade Level: 9-12

Major Concepts/Content

The purpose of this course number is to indicate that the second of the two full seasons of an approved interscholastic sport at the junior varsity or varsity level has been completed and the student is working toward fulfillment of the physical education graduation requirement through interscholastic sports.

PREREQUISITE: Interscholastic Sports Season I

**General Course Information:**

|  |  |  |  |
| --- | --- | --- | --- |
|  | YES | NO | Other |
| Graduation Requirement \*\*\* |  | X | PE WAIVER |
| Bright Futures (BF) |  | | |
| Florida Academic Scholar (FAS) \*\*\*\* |  | X |  |
| Florida Medallion Scholar (FMS) \*\*\*\* |  | X |  |
| Florida Gold Seal Vocational (FGSV) \*\* | X |  | 4yr 24 credit option ONLY \*\* |
| State University System (SUS) |  | X |  |
| National Collegiate Athletic Association (NCAA) |  | X |  |
| BCPS “Core” Course |  | X |  |
| Course Level  1=below grade level,  2= at grade level,  3= above grade level |  |  |  |
| Industry Credential Eligible |  | X |  |
| Weighted Quality Points |  | | |
| State Honors (1 quality point) |  | X |  |
| BCPS Local Honors ONLY (1 quality point) |  | X |  |
| Pre IB (1 quality point) |  | X |  |
| Pre AICE (1 quality point) |  | X |  |
| AP (Advanced Placement) (2 quality points) \* |  | X |  |
| IB (International Baccalaureate) (2 quality points) |  | X |  |
| AICE (Advanced International Certificate of Education)  (2 quality points) |  | X |  |
| Technical Dual Enrollment (2 quality points) |  | X |  |

\* Must take AP exam; otherwise only 1 quality point.

\*\* For the 3-year, 18 credit option, requirements may differ. See your guidance counselor for more information.

Course Title: Personal Fitness Competency Test Waiver

Course Number: 15004300

Credit: .00

Grade Level: 9-12

Major Concepts/Content

The purpose of this course number is to indicate that two full seasons of an approved interscholastic sport at the junior varsity or varsity level has been completed, the student has passed the competency test on personal fitness with a score of “C” or better, and the student has fulfilled the physical education graduation requirement through interscholastic sports.

PREREQUISITE: Interscholastic Sport Season I and Interscholastic Sport Season II

**General Course Information:**

|  |  |  |  |
| --- | --- | --- | --- |
|  | YES | NO | Other |
| Graduation Requirement |  | X | PE WAIVER |
| Bright Futures (BF) |  | | |
| Florida Academic Scholar (FAS) |  | X |  |
| Florida Medallion Scholar (FMS) |  | X |  |
| Florida Gold Seal Vocational (FGSV) | X |  | 4yr 24 credit option ONLY \*\* |
| State University System (SUS) |  | X |  |
| National Collegiate Athletic Association (NCAA) |  | X |  |
| BCPS “Core” Course |  | X |  |
| Course Level  1=below grade level,  2= at grade level,  3= above grade level |  |  |  |
| Industry Credential Eligible |  | X |  |
| Weighted Quality Points |  | | |
| State Honors (1 quality point) |  | X |  |
| BCPS Local Honors ONLY (1 quality point) |  | X |  |
| Pre IB (1 quality point) |  | X |  |
| Pre AICE (1 quality point) |  | X |  |
| AP (Advanced Placement) (2 quality points) \* |  | X |  |
| IB (International Baccalaureate) (2 quality points) |  | X |  |
| AICE (Advanced International Certificate of Education)  (2 quality points) |  | X |  |
| Technical Dual Enrollment (2 quality points) |  | X |  |

\* Must take AP exam; otherwise only 1 quality point.

\*\* For the 3-year, 18 credit option, requirements may differ. See your guidance counselor for more information.

Course Title: Marching Band Physical Education Waiver

(for Personal Fitness option only)

Course Number: 15004400

Credit: .00

Grade Level: 9-12

Major Concepts/Content

The purpose of this course number is to indicate that completion of one semester with a grade of “C” or better in a marching band class or in a physical activity class that requires participation in marching band activities as an extracurricular activity has been completed and satisfies a one-half credit requirement in physical education. This one-half credit may not be used to satisfy the Personal Fitness requirement or the requirement for adaptive physical education under an individual educational plan (IEP) or 504 Plan. PREREQUISITE: None

**General Course Information:**

|  |  |  |  |
| --- | --- | --- | --- |
|  | YES | NO | Other |
| Graduation Requirement |  | X | PE WAIVER \*\*\* |
| Bright Futures (BF) |  | | |
| Florida Academic Scholar (FAS) |  | X |  |
| Florida Medallion Scholar (FMS) |  | X |  |
| Florida Gold Seal Vocational (FGSV) | X |  | 4yr 24 credit option ONLY \*\* |
| State University System (SUS) |  | X |  |
| National Collegiate Athletic Association (NCAA) |  | X |  |
| BCPS “Core” Course |  | X |  |
| Course Level  1=below grade level,  2= at grade level,  3= above grade level |  |  |  |
| Industry Credential Eligible |  | X |  |
| Weighted Quality Points |  | | |
| State Honors (1 quality point) |  | X |  |
| BCPS Local Honors ONLY (1 quality point) |  | X |  |
| Pre IB (1 quality point) |  | X |  |
| Pre AICE (1 quality point) |  | X |  |
| AP (Advanced Placement) (2 quality points) \* |  | X |  |
| IB (International Baccalaureate) (2 quality points) |  | X |  |
| AICE (Advanced International Certificate of Education)  (2 quality points) |  | X |  |
| Technical Dual Enrollment (2 quality points) |  | X |  |

\* Must take AP exam; otherwise only 1 quality point.

\*\* For the 3-year, 18 credit option, requirements may differ. See your guidance counselor for more information.

\*\*\* *Note: Another option is to have this satisfy the Performing Arts requirement*

Course Title: ROTC Physical Education Waiver Completion of Year 1

Course Number: 15004500

Credit: .00

Grade Level: 9-12

Major Concepts/Content

The purpose of this course number is to indicate that completion of an ROTC class with a significant component of drills satisfies a one-half credit requirement in physical education. This one-half credit may not be used to satisfy the Personal Fitness requirement or the requirement for adaptive physical education under an individual educational plan (IEP) or 504 Plan.

PREREQUISITE: None

**General Course Information:**

|  |  |  |  |
| --- | --- | --- | --- |
|  | YES | NO | Other |
| Graduation Requirement |  | X | PE WAIVER\*\*\* |
| Bright Futures (BF) |  | | |
| Florida Academic Scholar (FAS) |  | X |  |
| Florida Medallion Scholar (FMS) |  | X |  |
| Florida Gold Seal Vocational (FGSV) | X |  | 4yr 24 credit option ONLY \*\* |
| State University System (SUS) |  | X |  |
| National Collegiate Athletic Association (NCAA) |  | X |  |
| BCPS “Core” Course |  | X |  |
| Course Level  1=below grade level,  2= at grade level,  3= above grade level |  |  |  |
| Industry Credential Eligible |  | X |  |
| Weighted Quality Points |  | | |
| State Honors (1 quality point) |  | X |  |
| BCPS Local Honors ONLY (1 quality point) |  | X |  |
| Pre IB (1 quality point) |  | X |  |
| Pre AICE (1 quality point) |  | X |  |
| AP (Advanced Placement) (2 quality points) \* |  | X |  |
| IB (International Baccalaureate) (2 quality points) |  | X |  |
| AICE (Advanced International Certificate of Education)  (2 quality points) |  | X |  |
| Technical Dual Enrollment (2 quality points) |  | X |  |

\* Must take AP exam; otherwise only 1 quality point.

\*\* For the 3-year, 18 credit option, requirements may differ. See your guidance counselor for more information.

\*\*\* *For incoming freshman, 2007-’08, the following ROTC waiver applies (same course number):*

Personal Fitness/PE Activity Elective Option--Completion of two years in a Reserve Officer Training Corps (R.O.T.C.) class satisfies 1 credit of the PE activity electives. However, the student must still take the Personal Fitness class (.5 credit) to satisfy the PE graduation requirement in those districts choosing this option. Students using the R.O.T.C. waiver and the Personal Fitness class will have 1.5 credits in PE.

HOPE Option--Completion of two years in a Reserve Officer Training Corps (R.O.T.C.) class satisfies the full 1 credit PE requirement and the full 1 credit Performing Arts requirement.

**Course Title: Dance Aesthetics 1**

**Course Number: 0300470**

**Credit: 1.00**

**Grade Level: 9-12**

# Major Concepts/Content

The purpose of Dance Aesthetics I is to provide students with the theory of dance in several major forms. Students should acquire the knowledge and skills to value the role of legitimate dance in society, different from the role of commercialized dance in society. The content includes the study of dance styles and forma, the uniqueness of personality as it pertains to the dancer/choreographer relationship, the study of physical and emotional behavior with respect to dance, and the understanding of the creative process of structure and form in composition.

## PREREQUISITE: None

**General Course Information:**

|  |  |  |  |
| --- | --- | --- | --- |
|  | YES | NO | Other |
| Graduation Requirement | X |  | PF \*\*\* |
| Bright Futures (BF) |  | | |
| Florida Academic Scholar (FAS) |  | X |  |
| Florida Medallion Scholar (FMS) |  | X |  |
| Florida Gold Seal Vocational (FGSV) | X |  | 4yr 24 credit option ONLY \*\* |
| State University System (SUS) | X |  | ELECTIVE |
| National Collegiate Athletic Association (NCAA) |  | X |  |
| BCPS “Core” Course |  | X |  |
| Course Level  1=below grade level,  2= at grade level,  3= above grade level |  |  | 3 |
| Industry Credential Eligible |  | X |  |
| Weighted Quality Points |  | | |
| State Honors (1 quality point) |  | X |  |
| BCPS Local Honors ONLY (1 quality point) |  | X |  |
| Pre IB (1 quality point) |  | X |  |
| Pre AICE (1 quality point) |  | X |  |
| AP (Advanced Placement) (2 quality points) \* |  | X |  |
| IB (International Baccalaureate) (2 quality points) |  | X |  |
| AICE (Advanced International Certificate of Education)  (2 quality points) |  | X |  |
| Technical Dual Enrollment (2 quality points) |  | X |  |

\* Must take AP exam; otherwise only 1 quality point.

\*\* For the 3-year, 18 credit option, requirements may differ. See your guidance counselor for more information.

\*\*\*Participation in a dance class satisfies the .5 credit of PE activity elective. (Note: Another option is to have this satisfy the Performing Arts requirement.) The students must still take the Personal Fitness class (.5 credit) to complete the 1 credit in PE.

**Course Title: Dance Aesthetics 2**

**Course Number: 0300610**

**Credit: 1.00**

**Grade Level: 9-12**

# Major Concepts/Content

The purpose of Dance Aesthetics II is to provide students with in-depth study of dance theory including choreography, composition and dance repertory. The students should be able to develop several major pieces of choreography for concert format presentation. The course content will include experimental classes which enhance kinesthetic and movement awareness of self and others through cultural perspective. Students will acquire knowledge regarding the critical analysis of dance, role of professional and educational dance in our society, be involved in extensive research and reading in contemporary philosophical literature, study present-day concepts of dance and their relationship to other art forms and cultures, and gain knowledge of analysis of critical methods used in writing about dance.

## PREREQUISITE: Dance Aesthetics I

**General Course Information:**

|  |  |  |  |
| --- | --- | --- | --- |
|  | YES | NO | Other |
| Graduation Requirement | X |  | PF \*\*\* |
| Bright Futures (BF) |  | | |
| Florida Academic Scholar (FAS) |  | X |  |
| Florida Medallion Scholar (FMS) |  | X |  |
| Florida Gold Seal Vocational (FGSV) | X |  | 4yr 24 credit option ONLY \*\* |
| State University System (SUS) | X |  | ELECTIVE |
| National Collegiate Athletic Association (NCAA) |  | X |  |
| BCPS “Core” Course |  | X |  |
| Course Level  1=below grade level,  2= at grade level,  3= above grade level |  |  | 3 |
| Industry Credential Eligible |  | X |  |
| Weighted Quality Points |  | | |
| State Honors (1 quality point) |  | X |  |
| BCPS Local Honors ONLY (1 quality point) |  | X |  |
| Pre IB (1 quality point) |  | X |  |
| Pre AICE (1 quality point) |  | X |  |
| AP (Advanced Placement) (2 quality points) \* |  | X |  |
| IB (International Baccalaureate) (2 quality points) |  | X |  |
| AICE (Advanced International Certificate of Education)  (2 quality points) |  | X |  |
| Technical Dual Enrollment (2 quality points) |  | X |  |

\* Must take AP exam; otherwise only 1 quality point.

\*\* For the 3-year, 18 credit option, requirements may differ. See your guidance counselor for more information.

\*\*\*Participation in a dance class satisfies the .5 credit of PE activity elective. (Note: Another option is to have this satisfy the Performing Arts requirement.) The students must still take the Personal Fitness class (.5 credit) to complete the 1 credit in PE.

**Course Title: Dance Kinesiology 1**

**Course Number: 0300480**

**Credit: 1.00**

**Grade Level: 9-12**

# Major Concepts/Content

Dance Kinesiology I provides the student with the study of the physical systems that contribute to the science of movement with reference to dance. Students should be able to research dance technical development using knowledge of exercise physiology, kinesiology movement taxonomy, anatomy and principals of athletic training. The course content will include identification of human movement potential, knowledge of human neuromuscular development, the anatomical basis of dance movement and correctives for dancers.

## PREREQUISITE: None

**General Course Information:**

|  |  |  |  |
| --- | --- | --- | --- |
|  | YES | NO | Other |
| Graduation Requirement | X |  | PF \*\*\* |
| Bright Futures (BF) |  | | |
| Florida Academic Scholar (FAS) |  | X |  |
| Florida Medallion Scholar (FMS) |  | X |  |
| Florida Gold Seal Vocational (FGSV) | X |  | 4yr 24 credit option ONLY \*\* |
| State University System (SUS) | X |  | ELECTIVE |
| National Collegiate Athletic Association (NCAA) |  | X |  |
| BCPS “Core” Course |  | X |  |
| Course Level  1=below grade level,  2= at grade level,  3= above grade level |  |  | 2 |
| Industry Credential Eligible |  | X |  |
| Weighted Quality Points |  | | |
| State Honors (1 quality point) |  | X |  |
| BCPS Local Honors ONLY (1 quality point) |  | X |  |
| Pre IB (1 quality point) |  | X |  |
| Pre AICE (1 quality point) |  | X |  |
| AP (Advanced Placement) (2 quality points) \* |  | X |  |
| IB (International Baccalaureate) (2 quality points) |  | X |  |
| AICE (Advanced International Certificate of Education)  (2 quality points) |  | X |  |
| Technical Dual Enrollment (2 quality points) |  | X |  |

\* Must take AP exam; otherwise only 1 quality point.

\*\* For the 3-year, 18 credit option, requirements may differ. See your guidance counselor for more information.

\*\*\*Participation in a dance class satisfies the .5 credit of PE activity elective. (Note: Another option is to have this satisfy the Performing Arts requirement.) The students must still take the Personal Fitness class (.5 credit) to complete the 1 credit in PE.

**Course Title: Dance Kinesiology 2**

**Course Number: 0300600**

**Credit: 1.00**

**Grade Level: 9-12**

# Major Concepts/Content

The purpose of Dance Kinesiology II is to study the in-depth principles of human movement with relation to dance. Students will study factors considering acceleration, retarding levels of performance of work under various environmental conditions, the kinematic effect and kinetic principles underlying dance movement, and the influence of aesthetics on human movement. The course content will be the concepts of physical performance, studies of kinetics, and the influence of aesthetics on dance movement, the influence of stress factors on performance, analysis of mechanics of dancers and dance movement, and in-depth analysis of individually chosen student projects.

## PREREQUISITE: Dance Kinesiology I

**General Course Information:**

|  |  |  |  |
| --- | --- | --- | --- |
|  | YES | NO | Other |
| Graduation Requirement | X |  | PF \*\*\* |
| Bright Futures (BF) |  | | |
| Florida Academic Scholar (FAS) |  | X |  |
| Florida Medallion Scholar (FMS) |  | X |  |
| Florida Gold Seal Vocational (FGSV) | X |  | 4yr 24 credit option ONLY \*\* |
| State University System (SUS) | X |  | ELECTIVE |
| National Collegiate Athletic Association (NCAA) |  | X |  |
| BCPS “Core” Course |  | X |  |
| Course Level  1=below grade level,  2= at grade level,  3= above grade level |  |  | 3 |
| Industry Credential Eligible |  | X |  |
| Weighted Quality Points |  | | |
| State Honors (1 quality point) |  | X |  |
| BCPS Local Honors ONLY (1 quality point) |  | X |  |
| Pre IB (1 quality point) |  | X |  |
| Pre AICE (1 quality point) |  | X |  |
| AP (Advanced Placement) (2 quality points) \* |  | X |  |
| IB (International Baccalaureate) (2 quality points) |  | X |  |
| AICE (Advanced International Certificate of Education)  (2 quality points) |  | X |  |
| Technical Dual Enrollment (2 quality points) |  | X |  |

\* Must take AP exam; otherwise only 1 quality point.

\*\* For the 3-year, 18 credit option, requirements may differ. See your guidance counselor for more information.

\*\*\*Participation in a dance class satisfies the .5 credit of PE activity elective. (Note: Another option is to have this satisfy the Performing Arts requirement.) The students must still take the Personal Fitness class (.5 credit) to complete the 1 credit in PE.